

# Stompin' It Down

拍數: 40      牆數: 2      級數: Intermediate  
編舞者: Dan Morrison (CAN) - August 2019  
音樂: Floor It - Kadooh



Intro: 16 Counts, Start on word "Dance"

## Step, Step-Ball-Step, Step-Ball-Step, Together, Rhumba

1-2&      Step R side R (1) Step L beside R (2) Step R in place (&)  
3-4&      Step L side L (3) Step R beside L (4) Step L in place (&)  
5-6      Step R side R (5) Step L beside R (6)  
7&8      Step R side R (7) Step L beside R (&) Step R forward (8)

## Rock-Recover, Step, Heel-Jack & Cross, Side, Behind-Side-Cross

1-2      Step L forward (1) Recover onto R (2)  
3&4      Step L back (3) Step R back (&) Touch L Heel forward (4)  
&5-6      Step L back (&) Step R over L (5) Step L side L (6)  
7&8      Step R behind L (7) Step L side L (&) Step R over L (8)

## Step, 1/4 turn, Sailor, Sailor, Rock-Recover

1-2      Step L side L (1) 1/4 turn R, wt on L (2)  
3&4      Step R behind L (3) Step L beside R (&) Step R side R (4)  
5&6      Step L behind R (5) Step R beside L (&) Step L side L (6)  
7-8      Step R back (7) Recover onto L (8)

## Shuffle 1/4, 1/2 Pivot, 1/4 Side Shuffle, Rock-Recover

1&2      Step R side R (1) Step L beside R (&) Step R 1/4 R (2)  
3-4      Step L forward (3) 1/2 Pivot R, wt on R (4)  
5&6      1/4 turn R, Step L side L (5) Step R beside L (&) Step L side L (6)  
7-8      Step R back (7) Recover onto L (8)

## Scissor, Scissor, Point & Point & Heel & Heel &

1&2      Step R side R (1) Step L beside R (&) Step R forward (2)  
3&4      Step L side L (3) Step R beside L (&) Step L forward (4)  
5&6&      Point R side R (5) Step R beside L (&) Point L side L (6) Step L beside R (&)  
7&8&      Touch R forward (7) Step R beside L (&) Touch L forward (8) Step L beside R (&)

## Rock-Recover, Coaster, Rock-Recover, 3/4 Shuffle

1-2      Step R forward (1) Recover onto L (2)  
3&4      Step R back (3) Step L beside R (&) Step R forward (4)  
5-6      Step L forward (5) Recover onto R (6)  
7&8      1/2 turn L, Step L forward (7) 1/4 turn L, Step R beside L (&) Step L over R (8)

HAVE FUN AND ENJOY

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