

Stompin' It Down

COPPERKNOB
STEPSHEETS

拍數: 40 牆數: 2 級數: Intermediate
編舞者: Dan Morrison (CAN) - August 2019
音樂: Floor It - Kadooh



Intro: 16 Counts, Start on word "Dance"

Step, Step-Ball-Step, Step-Ball-Step, Together, Rhumba

1-2& Step R side R (1) Step L beside R (2) Step R in place (&)
3-4& Step L side L (3) Step R beside L (4) Step L in place (&)
5-6 Step R side R (5) Step L beside R (6)
7&8 Step R side R (7) Step L beside R (&) Step R forward (8)

Rock-Recover, Step, Heel-Jack & Cross, Side, Behind-Side-Cross

1-2 Step L forward (1) Recover onto R (2)
3&4 Step L back (3) Step R back (&) Touch L Heel forward (4)
&5-6 Step L back (&) Step R over L (5) Step L side L (6)
7&8 Step R behind L (7) Step L side L (&) Step R over L (8)

Step, 1/4 turn, Sailor, Sailor, Rock-Recover

1-2 Step L side L (1) 1/4 turn R, wt on L (2)
3&4 Step R behind L (3) Step L beside R (&) Step R side R (4)
5&6 Step L behind R (5) Step R beside L (&) Step L side L (6)
7-8 Step R back (7) Recover onto L (8)

Shuffle 1/4, 1/2 Pivot, 1/4 Side Shuffle, Rock-Recover

1&2 Step R side R (1) Step L beside R (&) Step R 1/4 R (2)
3-4 Step L forward (3) 1/2 Pivot R, wt on R (4)
5&6 1/4 turn R, Step L side L (5) Step R beside L (&) Step L side L (6)
7-8 Step R back (7) Recover onto L (8)

Scissor, Scissor, Point & Point & Heel & Heel &

1&2 Step R side R (1) Step L beside R (&) Step R forward (2)
3&4 Step L side L (3) Step R beside L (&) Step L forward (4)
5&6& Point R side R (5) Step R beside L (&) Point L side L (6) Step L beside R (&)
7&8& Touch R forward (7) Step R beside L (&) Touch L forward (8) Step L beside R (&)

Rock-Recover, Coaster, Rock-Recover, 3/4 Shuffle

1-2 Step R forward (1) Recover onto L (2)
3&4 Step R back (3) Step L beside R (&) Step R forward (4)
5-6 Step L forward (5) Recover onto R (6)
7&8 1/2 turn L, Step L forward (7) 1/4 turn L, Step R beside L (&) Step L over R (8)

HAVE FUN AND ENJOY

Contact: dan_orillia@live.com