

Little Harder

拍數: 32 牆數: 4 級數: Beginner
編舞者: Nathalie Damar (LUX/FR) - August 2019
音樂: Harder – Jax Jones



FORWARD WALK, WALK, WALK, KICK – BACK WALK, WALK, WALK, STEP

1 - 4 Walk R forward, Walk L forward, Walk R forward, kick L forward
5 - 8 Step L back, step R back, Step L back, Step R together

SWIVELS R/L – ROCKING CHAIR

1 & 2 Swivel heels to right, swivel toes to right, Swivel heels to right
3 & 4 Swivel heels to left, swivel toes to left, Swivel heels to left
5 - 8 Rock R forward, Recover onto L, Rock R back, Recover onto L

Restart here on wall 3 (6h)

WALK, WALK, MAMBO STEP, BACK, BACK, COASTER STEP

1 - 2 Walk R forward, Walk L forward
3 & 4 Rock R forward, Recover onto L, Step R beside left
5 - 6 Walk back L, Walk back R
7 & 8 Step back on L, Step R beside L, Step forward on L

STEP LOCK STEP R/L – STEP PIVOT ½ TURN R, STEP PIVOT ¼ TURN R

1 & 2 Step R forward to right diagonal, Lock L behind R, Step R forward to right diagonal
3 & 4 Step L forward to left diagonal, Lock R behind L, Step L forward to left diagonal
5 - 8 Step R forward, Turn ½ L, Step R forward, Turn ¼ L

Start again

Restart: After count 16 at wall 3 (6h)

Ending: The last wall starts at 6h - Dance the step-locks R/L, Pivot ½ R, hold and pose

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