

Silk Degrees

拍數: 48 牆數: 4 級數: Improver
編舞者: Sue Ayers (USA) - August 2019
音樂: Lowdown - Boz Scaggs : (Album: Silk Degrees)



Intro: Start after 48 counts (25 seconds). Your first step will occur just before the vocals begin.

S1: ½ Pivot Turns Left x 2, Right Side, Touch, Left Side, Touch

1-2 Step forward on RF (1), pivot ½ left (2) (6:00)
3-4 Step forward on RF (3), pivot ½ left (4) (12:00)
5-6 Step to right on RF (5), touch LF next to RF (6)
7-8 Step to left on LF (7), touch RF next to LF (8)

S2: Right Diagonal Forward, Slide Toe, Kickball Change, Left Diagonal Forward, Slide Toe, Kickball Change

1-2 Step diagonal forward on RF (1), slide L toe to meet RF (2)
3&4 Kick LF forward (3), step on ball of LF (&) step on RF (4)
5-6 Step diagonal forward on LF (5), slide R toe to meet LF (6)
7&8 Kick RF forward (7), step on ball of RF (&) step on LF (8)

S3: Walk, Walk, ½ Right Heel Bounces, Walk, Walk, ½ Left Heel Bounces

1-2 Step forward on RF (1), step forward on LF (2)
3-4 ¼ turn right lifting, then dropping both heels (3), ¼ turn right lifting, then dropping both heels (4) (6:00)
5-6 Step forward on LF (5), step forward on RF (6)
7-8 ¼ turn left lifting, then dropping both heels (7), ¼ turn left lifting, then dropping both heels (8) (12:00)

S4: Side Right, Together, Side Right, Touch, Side Left, Together, Side Left, Touch

1-2 Step right on RF (1), step LF next to RF (2)
3-4 Step right on RF (3), touch L toe next to RF (4)
5-6 Step left on LF (5), step RF next to LF (6)
7-8 Step left on LF (7), touch R toe next to LF (8)

S5: Cross, Point Left, Cross, Point Diagonal Back Right, 1/4 Right Step, Hitch, Step Forward, Hitch

1-2 Cross RF over LF (1); point to left with L toe (2)
3-4 Cross LF over RF (3); point to right diagonal back with R toe (4)
5-6 Shift weight down onto RF turning ¼ right (5); hitch L knee forward (6) (3:00)
7-8 Step forward on LF (7); hitch R knee forward (8)

S6: Walk, Walk, Pony Step, Walk Back, Walk Back, Reverse Unwind ½ Turn Left

1-2 Step forward on RF (1); step forward on LF (2)
3&4 Step back on RF, hitching L knee up (3); step down on LF, while lifting up R heel (&); step back on RF, hitching L knee up (4)
5-6 Step back on LF (5); step back on RF (6)
7-8 Put L toe behind RF (7); unwind 1/2 left while shifting weight to LF (8) (9:00)

No Tags or Restarts. Song ends with an instrumental fade out, so dance as long as you'd like!

Last Update - 10 Aug. 2019