Only One

拍數: 32 **牆數:** 4 **級數:** Beginner
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音樂: Only One (Radio Edit) - Sigala & Digital Farm Animals

**Adaptable for the Country Music Pistol Annies – Hush Hush -2 restarts

No Tags -No Restarts

*16 Startup counts with Only One
**48 Startup counts with Hush Hush
Dancing adaptable with the music of PISTOL ANNIES

Music Hush hush, To wall 4 the first 4 counts and Restart and at the 9th Wall the 8 first counts and Restart (change the Brush by a «STOMP» right foot to start again)

Section 1: Vine to R with Touch , Rolling Vine L, R Brush

1-4	Step to the Right (1) - Step L behind R (2) - Step R Right (3) Touch left foot next to the R (4)
5-8	Step Left to Left with 1/4 turn to L, (1) Step left forward with 1/2 turn left (2) Step Left back with 1/4 turn

right (3) Brush R (4) (12h)

Section 2: Jazz box ¼ R, R Rocking Chair

1-4	Step RIGHT Cross in front of LEFT STEP (1), Step Left back (2), ¼ turn at R and step from RIGHT to RIGHT (3), step LEFT in front, (4) (3h)
5-8	Rock Step RIGHT in front (5), Return to LEFT Foot (6) Rock RIGHT Foot back (7), Return Weight on Left Foot (8) (3h)

Section 3: Steps Touch x 2 with shake , 2 Hold

1-8	Step Right Diagonal Right (1) press down and while shaking your body (2) Return Left Left to Left S (3), Hold (4) Step Left (5) Diagonal Left Press Down and while shaking your body(6) Return Right Foot next to the Left Step (7) Hold (8) (3h)

Section 4: Step Turn 1/4L with Hip Roll (TWICE) , R Jazz box cross

1-4	RF Forward (1), Pivot 1/4L with Hip Roll (Finish weight on LF)(2) ,RF Forward(3), Pivot 1/4L with Hip Roll (Finish weight on LF)(4)
5-8	Cross right foot in front of left foot (5), Left step behind (6), Step right to right (7), step left cross in front of Right foot (8) (9h)

Adapt your style and to have fun!

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