

# Rock It Off

**COPPER KNOB**  
STEPSHEETS

拍數: 48      牆數: 4      級數: Improver  
編舞者: Roxanne Winstead & Donna Manning (USA) - August 2019  
音樂: Rock It Off - Stray Cats



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## [1-8] R Weave, R to R Side, Slide L to center, L Back Rock, Recover

1-4      Right side step, Left behind right, Right side step, cross L over R  
5-6      Step R to R side, slide L into center  
7-8      Rock Left back, Recover to Right

## [1-8] Side, Behind & Cross, 1/4 Ball Turn, L Fwd, Pause, R Rock Recover

1 2,&3      Step L to L side, R behind L, step ball of L to L, close to R heel, cross R over L  
&4      during ¼ turn to L knee pop(heel raise) taking weight to R  
5-6      Step L fwd, pause  
7-8      Rock R fwd, recover to L

## [1-8] R slow back Coaster Cross, Pause, Sway (LRL) Pause

1,2,3,4      Step R back, L close to R, step R across L, pause  
5,6,7,8      Step L to L side & Sway L-R-L, pause

## [1-8] K-Step, R Brush

1-4      Step R to R fwd diagonal, touch L to R, Step L back diagonal, touch R to left,  
5-8      Step R back diagonal, touch L to R, Step L fwd, Brush R fwd

## [1-8] Scoot fwd R-L, Scoot Back R with claps 2,4 L, Knee Pops

&1,2      Step R fwd, step L fwd about shoulder width, pause  
&3,4      Step R back, step L Back) closer to center, pause  
5,6,7,8      (Elvis style) R knee over L, L knee over R, R knee over L, pause

## [1-8] R Back Slow Coaster, L Brush, L Fwd, ½ to R with Heel Bounces x3

1-4      Right step back, close L to R, step R fwd, L Brush  
5&6&7&8      Step L fwd, 1/2 turn to R (With weight on balls of feet lift and drop heels x3 taking weight to L on 8)

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