

Bailando

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Christine Guillemard (FR) - August 2019
音樂: Bailando (feat. Descemer Bueno & Gente de Zona) - Enrique Iglesias



Intro : 32 counts

S1 : CROSS ROCK, RECOVER, TRIPLE STEP (X2)

1, 2 Rock LF crossing over RF, recover
3 & 4 LF left side, together, LF left side
5, 6 Rock RF crossing over LF, recover
7 & 8 RF right side, together, RF right side

S2 : STEP 1/4 TURN, CROSS TRIPLE, RIGHT MAMBO, LEFT MAMBO

1, 2 LF step forward, pivot 1/4 turn right on balls
3 & 4 LF crossing over RF, RF right side, LF crossing over RF
5 & 6 RF side rock, recover, together
7 & 8 LF side rock, recover, together

S3 : MONTEREY TURN 1/4 TURN, SAILOR STEP X2

1, 2 RF point right side, 1/4 turn right on left ball while gathering
3, 4 LF point left side, together
5 & 6 Cross RF behind LF, LF left side, RF right side
7 & 8 Cross LF behind RF, RF right side, LF left side

S4 : TRIPLE STEP, STEP 1/4 TURN, TRIPLE STEP, ANCHOR STEP

1 & 2 RF step forward, together in third position, RF step forward
3, 4 LF step forward, pivot 1/4 turn right on balls
5 & 6 LF step forward, together in third position, LF step forward
7 & 8 RF step behind LF in third position, recover weight on LF, recover weight on RF.

Repeat.

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