

Dance Monkey!

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Stephen Paterson (AUS) - July 2019
音樂: Dance Monkey - Tones And I : (Single)



No Tags Or Restarts, start dance after 16 counts

[1-8] Hip, Hip, Side Shuffle, Rock Back, Recover, Side, Behind, Walk Quarter, Eighth, Eighth

- 1 & Touch right out to side whilst bumping hips right and up, bump hips left (&)
- 2 & 3 Step right out to side, step left beside right (&), step right out to side (side shuffle right)
- & 4 & 5 Rock left behind right (&), recover onto right in place, step left out to side (&), step right behind left
- 6 7 8 Turn 1/4 left then step left forward, turn 1/8 left then step right forward, turn 1/8 left then step left forward (3/4 left walk around) 6.00

[9-16] Rock Forward, Recover, Half, Full Turn, Rock Forward, Recover, Back, Back, Drag Together

- 1 2 3 Rock right forward, recover back onto left in place, turn 1/2 right then step right forward - 12.00
- 4 & Turn 1/2 right then step left back, turn 1/2 right then step right forward -12.00
- 5 6 & Rock left forward, recover back onto right in place, step left slightly back (&)
- 7 8 Big step right back dragging left, step left beside right popping right knee -12.00

[17-24] Paddle Quarter, Paddle Quarter, Paddle Quarter, Right, Lock, Right, Rock Forward, Recover, Three Quarter

- 1 & 2 & Step right forward, paddle 1/4 left (&), step right forward, paddle 1/4 left (&)
- 3 & Step right forward, paddle 1/4 left (&), (these paddles done with anti clockwise hip rolls) 3.00
- 4 & 5 Step right forward, lock step left in behind right (&), step right forward (locking shuffle)
- 6 7 Rock left forward, recover back onto right in place
- 8 & Turn 1/2 left then step left forward, turn 1/4 left then step right out to side (&) 6.00

[25-32] Rock Back, Recover, Side, Rock Back, Recover, Side, Weave Behind, Side, Cross, Side, Touch Behind, Unwind Three Quarters

- 1 2 & Rock left behind right, recover forward onto right in place, step left out to side (&),
- 3 4 & Rock right behind left, recover forward onto left in place, step right out to side (&)
- 5 & 6 & Step left behind right, step right out to side (&), step left across right, step right out to side (&)
- 7 8 Touch left behind right, unwind 3/4 left taking weight onto left in place - 9.00

ENDING: On wall 10 (starts 9 o'clock wall) dance up to count 31 then unwind 1/4 left taking weight onto left, step right forward to finish

This is an original dance sheet, feel free to copy without change for distribution

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