

# Kom lad os gå

拍數: 32      牆數: 4      級數: Improver Cha Cha  
編舞者: Lone Straszek (DK) - August 2019  
音樂: Alt er godt (feat. Thomas Buttenschøn) - Chief 1



**Intro: 32 counts (After 16. Seconds) Start with weight on R foot**

**Note: Lavet til sommerdans ved Lagunen i Hals**

**[1 – 9] Step, cross rock, chasse ¼ R, pivot ½ R, ½ turn R lockstep**

1-3            Step L to L (1), Cross rock R in front of L (2) recover on L (3) 12:00  
4&5           Step R to R ( ), Step L beside R (&), turn ¼ R as stepping R forward (5) 03:00  
6-7           Step L forward, pivot ½ turn R stepping R forward 09:00  
8&1           ½ turn R stepping back on L (8), cross R over L (&), step back L (1) 03:00

**[10 – 17] Back rock, kick ball cross, side rock, behind side cross,**

2-3            Rock R back, recover L 03:00  
4&5           Kick R forward (4) step ball of R beside L (&), Step L over R (5 ) 03:00  
6-7           Side rock R (6), recover L (7) 03:00  
8&1           Step R behind L (8), step L to L (&), cross R over L (1) 03:00

**[18 – 25] Side Rock R, sailor ½ turn L, side together, chasse R**

2-3            Step L to L (2), recover R (3) 03:00  
4&5           Cross L behind R (4), turn ½ L stepping R to R side (&) step L to L side (5) 09:00  
6-7           Step R to R (6), step L beside R (7) \* restart wall 10 09:00  
8&1           Step R to R (8), step L beside R (&) step R to R (1) 09:00

**[26 -32] Hold ball side x 2, cross rock, chasse L**

2&3           Hold (2), ball step L beside R (&), step R to R (3) 09:00  
4&5           Hold (4), ball step L beside R (&), step R to R (5) 09:00  
6-7           Cross rock L over R (6), recover R (7) 09:00  
8&1           Step L to L side (8), step R beside L (&), Step L to L side (1 start of dance) 09:00

**Start again....**

**Last Update - 10 Aug. 2019**