Saturday Night

拍數: 48

級數: Novice

編舞者: Ysaline Leonard (BEL) - August 2019

音樂: Saturday Nights - Khalid

[1-8]: WALKS FORWARD, MAMBO x2, WALKS BACKWARDS, SWEEP, SAILOR STEP

- 1 Step RF forward
- 2 Step LF forward
- 3& RF to the side with weight, recover on L
- 4& RF forward with weight, recover on L
- 5 Step RF backward
- 6 Step LF backward with sweep with R
- 7&8 Step R behind L, LF to the L side, RF to the R side

[9-16]: VINE CHASSÉ ¼, STEP ¼, CROSS AND CROSS

- 1 Step LF to the L side
- 2 Step RF behind L
- 3&4 Step LF to L with ¼ turn, RF locked behind L, step L forward
- 5 Step RF forward
- 6 Step LF to L with ¼ turn
- 7&8 Cross RF on LF, LF to side, RF crossed over LF

[17-24]: ROCKSTEP, WEAVE ¼, MAMBO ½, FULL TURN

- 1 Step LF to the R with weight
- 2 Recover weight on R
- 3&4 Step LF behind R, step RF to the R with ¼ turn, step LF forward
- 5&6 Step RF forward with weight, recover on L, step RF with ½ turn
- 7&8 full turn to the R with RF

[25-32]: ROCKSTEP, CHASSÉ, ½ TURN, MAMBO

- 1 Step RF forward with weight
- 2 Recover weight on LF
- 3&4 Step RF backward, lock LF over RF, step RF backward
- 5 Point RF behind LF
- 6 Step RF with ½ turn
- 7&8 Step RF forward with weight, recover on LF, big step to the right with RF

[33-40]: SAILOR STEP x2, COASTER STEP, OUT-OUT, IN FORWARD

- 1&2 Step L behind R, RF to the R side, LF to the L side
- 3&4 Step R behind L, LF to the L with a ¼ to the L, step R backward
- 5&6 Step L backward, step R next to L, step L forward
- &7&8 Step RF out, step LF out, Step RF in, Step LF forward

[40-48]: MAMBO, FULL TURN + ¾ TURN, SAILOR STEP, STEP ½ TURN

- 1&2 Step RF forward with weight, recover on L, step RF with $\frac{1}{2}$ turn
- 3&4& full turn to the R with RF, step RF with ½ turn, ¼ turn with LF with a sweep with RF
- 5&6 Step R behind L, LF to the L side, RF to the R side
- 7&8 Step LF forward, ½ turn to the R, Step L forward





牆數:4

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