

Sunrise EZ

拍數: 32 牆數: 4 級數: Beginner
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音樂: Sunrise - Dolly Style



Intro : 32 counts – Restart wall 6 after 16 counts - No Tags – 1 Restart

S1- RIGHT CHASSE - LEFT ROCK BACK - GRAPEVINE LEFT – CROSS

1&2 Step R to R Side (1), Step L Next To R (&), Step R to R Side (2)
34 Rock back on L (3). Recover on to R (4)
5678 Step L To Left side (5), Cross Step R Behind L (6). Step L To Left Side (7), Cross R Over L Foot (8).

S2- LEFT CHASSE – R ROCK BACK – TURN ¼ TO R – TURN ½ TO R- R ROCK BACK

1&2 Step L to L Side (1), Step R Next To L (&), Step L to L Side (2)
34 Rock back on R (3). Recover on to L (4)
56 Make ¼ to R Stepping R Forward (5) Make ½ to R Stepping L to The Back (6)
78 Rock Back on R (7), Recover on to L (8)

*** RESTART WALL 6

S3- R HEEL- HOLD – SWITCH – L HEEL- HOLD – SWITCH – HEELS SWITCHES – R ROCK FORWARD

12 Touch R Heel Forward (1), Hold (2)
&34 Ball Step R Next to L (&), Touch L Heel Forward (3), Hold (4)
&5&6 Ball Step L Next To R (&), Touch R Heel Forward (5), Ball Step R Next to L (&), Touch L Heel Forward (6)
&78 Ball Step L Next To R (&), R Rock Forward (7), Recover On To L (8)

S4- R ROCK BACK – STEP 1/2 TURN – WALK R L – KICK BALL STEP

12 R RockBack (1) Recover On To L (2)
34 R Step Forward (3) Make ½ Turn To the L Stepping L Forward (4)
56 R step Forward (5) L Step Forward (6)
7&8 Kick R Forward (7) Step Onto Ball Of L (&) L Step Forward (8)

Keep smiling !

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