

Raise A Glass

拍數: 32 牆數: 4 級數: Improver
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音樂: 'On the Sesh' by Derek Ryan



Intro: 8 counts

Section 1: Heel, hook, heel, flick, brush, hitch, cross (x2)

1 & 2 & RF touch heel fwd., hook across LF, touch heel fwd., flick
3 & 4 RF brush, hitch, cross over LF
5 & 6 & LF touch heel fwd., hook across RF, touch heel fwd., flick
7 & 8 LF brush, hitch, cross over RF

Section 2: Half rumba box back, step, lock, step, coaster step, step, lock, step

1 & 2 RF step side, LF step close to Rf, RF step back
3 & 4 LF step back, RF lock across LF, LF step back
5 & 6 RF step back, LF step close to RF, RF step fwd.
7 & 8 LF step fwd., RF lock behind LF, LF step fwd.

Section 3: Pivot half L, shuffle fwd., rock step, coaster step

1 – 2 RF step fwd., R+L turn 1/2 L
3 & 4 RF step fwd., LF step close to RF, RF step fwd.
5 – 6 LF rock fwd., weight back on RF
7 & 8 LF step back, RF step close to LF, LF step fwd.

Section 4: Monterey 1/4 turn R, heel switches, pivot half L, kick ball chance

1 & 2 & RF touch side, turn 1/4 R, LF touch side, LF close to RF
3 & 4 & RF touch heel fwd., close to LF, LF touch heel fwd., close to RF
5 – 6 RF step fwd., R+L turn 1/2 L
7 & 8 RF kick fwd., ball, chance weight on LF

EXTRA: TAG+RESTART

After wall 1: Heel switches

1 & 2 & RF touch heel fwd., close to LF, LF touch heel fwd., close to RF

After wall 4: Heel switches

1 & 2 & RF touch heel fwd., close to LF, LF touch heel fwd., close to RF

EXTRA: RESTART

In wall 3 after 16 counts

EXTRA: RESTART

In wall 7 after 16 counts