

Gone West

拍數: 32 牆數: 4 級數: Improver
編舞者: Gary O'Reilly (IRE) & Maggie Gallagher (UK) - June 2019
音樂: Gone West - Gone West : (iTunes & Amazon)



Intro: 16 counts

S1: WALK, WALK, ROCKING CHAIR, WALK, WALK, BACK LOCK STEP

1-2 Walk forward on right, Walk forward on left
3&4& Rock forward on right, Recover on left, Rock back on right, Recover on left
5-6 Walk forward on right, Walk forward on left
7&8 Step back on right, Cross left over right, Step back on right

S2: ½ SHUFFLE, STEP ¼ CROSS, SIDE, TOGETHER, SIDE TOGETHER FORWARD

1&2 ½ left stepping forward on left, Step right next to left, Step forward on left [6:00]
3&4 Step forward on right, ¼ pivot left, Cross right over left [3:00]
5-6 Step left to left side, Step right next to left
7&8 Step left to left side, Step right next to left, Step forward on left

S3: R MAMBO, BACK, BACK, BACK ROCK/KICK, L SHUFFLE

1&2 Rock forward on right, Recover on left, Step back on right
3-4 Walk back on left, Walk back on right
5-6 Rock back on left kicking right forward, Recover on right
7&8 Step forward on left, Step right next to left, Step forward on left

S4: CROSS & HEEL & CROSS & HEEL &, CROSS ROCK & CROSS ROCK &

1&2& Cross right over left, Step left to left side, Right heel to right diagonal, Step right in place
3&4& Cross left over right, Step right to right side, Left heel to left diagonal, Step left in place
5-6& Cross rock right over left, Recover on left, Step right next to left
7-8& Cross rock left over right, Recover on right, Step left next to right

TAG: At the end of Wall 3 facing [9:00] and Wall 6 facing [6:00], repeat the last 8 counts of the dance (all of S4)

ENDING: Dance 24 counts of Wall 9, then ¼ left stepping forward on right to finish facing [12:00]

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