

Caminando Por La Vida

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Colin Ghys (BEL) - August 2019
音樂: Caminando por la Vida - Yano



Info: Start the dance after 24 seconds, on the first beat of guitar

S.1 Step Right, Rock Back, Recover, Step ¼ L, Chase Turn L, Full Turn, Mambo Kick L

1-2&3 RF. Step to right side - LF. Cross behind RF - RF. Recover weight - LF. ¼ left step fwd (9:00)
4&5 RF. Step fwd - LF & RF. ½ turn L - RF. Step fwd (3:00)
6-7 LF. ½ turn R step back - RF. ½ turn R step fwd (3:00)
8&1 LF. Rock fwd - RF. Recover weight - LF. Low kick fwd

S.2 Step, Touch, Step Kick, Step Touch, Rumba Box, (Restarts*)

&2 LF. Step back - RF. Touch Fwd RF (with knee creased)
&3 RF. Step back - LF. Low kick fwd
&4 LF. Step back - RF. Touch Fwd RF (with knee creased)
5&6 RF. Step to right - LF. Close beside RF - RF. Step fwd
7&8 LF. Step to left - RF. Close beside LF - LF. Step back

RESTART here wall 3 (9:00) and wall 8 (12:00)

S.3 Chasse Right, ¼ Chasse Left, ¼ Modified Jazz-box R with Shimmies

1&2 RF. Step to R - LF. Close beside RF - RF. Step to R
3&4 LF. ¼ turn L Step to L - RF. Close beside LF - LF. Step to L (12:00)
5-8 RF. Cross over LF - LF. ¼ Turn R step back (3:00) - RF. Step to R - LF. Step Fwd

S.4 Mambo Step, Mambo Step, Touch Back, ½ Turn Unwind R. Big Step Fwd. Touch

1&2 RF. Rock fwd - LF. Recover, RF. Step back
3&4 LF. Rock back - RF. Recover, LF. Step fwd
5-6 RF. Touch back - ½ Turn R unwind (take weight on R)
7-8 LF. Make a big step fwd - RF. Touch beside LF

Restarts*:

Wall 3 after 16 counts at 9 o'clock

Wall 8 after 16 counts at 12 o'clock

Ending of the dance: Wall 12, after 16 counts, facing 6 o'clock point RF back and make ½ to R to finish at 12 o'clock

Start Again and enjoy this dance ;-)

More informations? super-colin@hotmail.com