

Mami Mami

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: High Beginner
編舞者: Nina Chen (TW) - August 2019
音樂: Mami Mami by Dara Bubamara



Intro: 32 counts

Sec1: COASTER, BUMP HIPS, COASTER, HIPS PUSH - HITCH

1&2, 3-4 Step RF fwd - Step LF beside RF - Step RF back, Bump hips to L twice
5&6, 7-8 Step LF back - Step RF beside LF - Step LF fwd, Weight recover on RF while pushing hips back - Weight recover on LF while hitch RF

Sec2: CHASSE R, 1/4 R CHASSE L, (R&L) TOE STRIT WITH BUMP HIPS

1&2, 3&4 Step RF to R - Step LF beside RF - Step RF to R, 1/4 turn R (3:00) step LF to L - Step RF beside LF - Step LF to L
5-8 Touch R toe fwd (with hip bump) - Drop RF heel to the floor - Touch L toe fwd (with hip bump) - Drop LF heel to the floor

Sec3: FWD ROCK - RECOVER, FWD SHUFFLE 3/4 R, FWD ROCK - RECOVER, FWD SHUFFLE 1/2 L

1-2, 3&4 Rock RF fwd - Recover on LF, Fwd shuffle (R L R) 3/4 turn R (12:00)
5-6, 7&8 Rock LF fwd - Recover on RF, Fwd shuffle (L R L) 1/2 turn L (6:00)

Sec4: FWD MAMBO, BACK MAMBO, (R&L) SIDE MAMBO

1&2, 3&4 Rock RF fwd - Recover on LF - Step RF beside LF, Rock LF back - Recover on RF - Step LF beside RF
5&6, 7&8 Rock RF to R - Recover on LF - Step RF beside LF, Rock LF to L - Recover on RF - Step LF beside RF

Have Fun & Happy Dancing !!!

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