

Baldrige Express

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4
編舞者: Phyllis Manier (USA) - July 2019
音樂: Train - Drew Baldrige

級數: Easy Intermediate



Walk, Walk , Shuffle, Rock Step, Shuffle Side ¼ turn left

1-2 Walk Right- Left forward
3&4 Shuffle forward R-L-R
5-6 Rock left forward, recover right
7&8 Shuffle side ¼ turn left L-R-L (Facing 9:00)

CROSS DIP, CROSS DIP, POINT & POINT & TAP, TAP, TAP

1-2 Cross right over left and bend at knees
3-4 Cross right over left and bend at knees
5&6& Point Right side and home Point left side and home
7&8 Tap right to side x3 bring it closer to left

HEEL & HEEL & STEP ½ TURN HEEL AND HEEL & STEP ¼ TURN

1&2& Right Heel out & home, Left heel out and home
3-4 Step right forward ½ turn left pivot
5&6& Right Heel out & home, Left heel out and home
7-8 Step right forward ¼ turn pivot

CROSS & CROSS, SHUFFLE 1/4 TURN LEFT, KICK BALL CHANGE, STEP ½ TURN

1&2 Cross & Cross R/L
3&4 Shuffle ¼ turn Left
5&6 Kick Ball change (when he says jump up on this train you can hop forward x3)
7-8 Step right forward ½ turn pivot left

Restart

****2 Tags at the end of wall 1 and end of wall 4 --- add a 4 count rocking chair both times**

***1 Restart on wall 8 starting at 9:00 - dance 16 counts and Restart facing 6:00**