

Sungguh

拍數: 32 牆數: 4 級數: Improver
編舞者: Bambang Satiyawan (INA) - July 2019
音樂: DJ Sungguh Ku Merasa Resah DJ Viral Tik Tok 2019



Start dance on vocal (after 4 counts),

I. BOTA FOGO(R-L)-FORWARD MAMBO-COASTER STEP

1 & 2 Cross R over L, Ball L to side, Step R in place
3 & 4 Cross L over R, Ball R to side, Step L in place
5 & 6 Step R forward, Step L in place, Step R back
7 & 8 Step L back, Close R beside L, Step L forward

II. SIDE MAMBO CROSS-SCISSOR-TURN AND BACK STEP-TURN AND SIDE STEP-CROSS SHUFFLE

1 & 2 Step R to side, Step L in place, Cross R over L
3 & 4 Step L to side, Close R slightly behind L, Cross L over R
5 – 6 Turn ¼ left Step R back, Turn ¼ Left Step L to side
7 & 8 Cross R over L, Step L to side, Cross R over L

III. (TOUCH AND HIP BUMP-BEHIND-SIDE-CROSS)R-L

1 – 2 Touch L to side and hip bump twice to left
3 & 4 Cross L behind R, Step R to side, Cross L over R
5 – 6 Touch R to side and Hip Bump twice to right
7 & 8 Cross R behind L, Step L to side, Cross R over L

IV. SIDE STEP AND SWAY-SWAY-HIP BUMP-JAZZBOX TURN

1 – 2 Step L to side and sway left, Sway right
3 & 4 Hip bump left, Right, Left
***Restart here on wall 4,5,11 and 12**
5 – 6 Cross R over L, Turn ¼ right Step L back
7 – 8 Step R to side, Step L forward

Tag : after wall 2,7 and 9

V Step

1 – 2 Step R diagonal forward, Step L diagonal forward
3 – 4 Step R back to center, Close L beside R

Restart on wall : 4,5,11 and 12 after 20 counts (3x8,+4)

Enjoy the dance....

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