

Juice

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Laure-Anne VITELLI (FR) - August 2019
音樂: Juice - Lizzo



Intro 32 counts - No Tag – No Restart

[1 – 8] TOE STRUT R, ¼ TURN, TOE STRUT L, ¼ TURN L

1-2-3-4 TOE STRUT R, ¼ TURN R : Touch point RF Fwd (1), Heel Drop RF Fwd (2), Step LF Fwd (3), Pivot ¼ turn R (4) (BWR)
5-6-7-8 TOE STRUT L, ¼ TURN L : Touch point LF Fwd (5), Heel Drop LF Fwd (6), Step RF Fwd (7), Pivot ¼ turn L (8) (BWL) (12h)

Option: Add Hip Bump on the "Toe Strut"

[9 – 16] TRAVELING PIVOT, POINT L, CROSS, POINT

1-2-3-4 TRAVELING PIVOT, POINT L: Step RF Fwd (1) ½ Turn R Step LF Back (2) (6h) ½ Turn R Step RF Fwd (3), Point LF to L side (4) (12h)
5-6-7-8 CROSS, POINT : Cross LF behind RF (5), Point RF to R side (6) Cross RF behind LF (7), Point LF to L side (8)

[17 – 24] VINE ¼ TURN L, TOUCH, WALK BACK, TOUCH L

1-2-3-4 VINE ¼ TURN L, TOUCH : Step LF to L side (1), Cross RF behind LF (2) ¼ Turn L, Step LF Fwd (3), Touch RF beside LF (4) (9h)
5-6-7-8 WALK BACK, TOUCH L : Step RF Back (5), Step LF Back (6) Step RF Back(7) Touch L beside RF (8) (9h)

[25 – 32] STEP L, TOUCH R, STEP R BACK, TOUCH HEEL, STEP TOUCH, KNEEP POP

1-2-3-4 STEP L, TOUCH R, STEP R BACK, TOUCH HEEL : Step LF Fwd (1) Touch Point RF behind LF (2), Step Back RF (3), Touch Heel LF Fwd (4)

Option : Shimmy Shoulder on the Touch (9h)

5-6-7-8 STEP TOUCH, KNEEP POP : Step LF to L side (5), Touch RF beside LF (6) Step RF to R side, Flex L Knee (7), Flex R Knee (8) (BWL) (9h)

End Suggestion : Make Step Turn ¼ Turn L (To finish facing 12h)

Source: This card is the original. If you have any questions, do not hesitate to contact me:

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Last Update – 6 Nov. 2019 - R3