That Old Flame

拍數: 32

級數: Intermediate

編舞者: Marianne Langagne (FR) - July 2019

音樂: That Old Flame (feat. Martina McBride) - Don Henley

Intro : 32 counts (begin on "Message")

[1 – 8] KICK FWD & R, TRIPLE BACK, ROCK BACK, KICK BALL STEP

- 1-2 Kick RF Forward, kick RF to the Right
- 3&4 RF back & together, RF back
- 5-6 LF back, recover
- 7&8 Kick LF & LF next to RF, RF Forward

[9 - 16] ROCK FWD, BACK & HEEL, HOLD, HEEL SWITCHES, TRIPLE FWD

- 1-2 LF Forward, recover
- &3-4 & LF back, R Heel Forward, Hold
- &5&6 & RF next to LF, L Heel Forward & LF next to RF, R Heel Forward
- &7&8 & RF next to LF, LF Forward & together, LF Forward

[17 – 24] STEP, L $^{\prime\!\!2}$ TURN WITH HOOK, TRIPLE FWD, STOMP ON L $^{\prime\!\!4}$ TURN, HOLD, BEHIND SIDE CROSS

- 1-2 RF Forward, L ½ turn Cross left foot in front right leg (weight on RF) 6 o'clock
- 3&4 LF Forward & together, LF Forward
- 5-6 L ¼ turn Stomp RF to the Right, hold 3o'clock
- 7&8 Cross LF behind RF & RF to the Right, cross LF over RF

Restarts here: (2nd & 8th walls) 1st restart at 6o'clock, 2nd restart on 12o'clock

[25 – 32] SIDE, BACK, HEEL JACK, KICK BALL CHANGE, WALK, WALK

- 1-2 RF to the Right, LF Back
- &3&4 & RF next to LF & L Heel Forward & together & touch
- 5&6 Kick RF & RF next to LF, LF next to RF
- 7-8 Walk Forward R, L

LF : left foot :: RF : right foot

HAVE FUN !!!

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牆數:4