

All Filled Up

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Rep Ghazali (SCO) - July 2019
音樂: All Filled Up - Jessie James Decker



#12 count intro start on vocal

Restart: 5th wall (front wall) dance up to count 8 and restart facing front wall

[01-08] L BACK SWEEP RIGHT, R BEHIND-L SIDE-R CROSS HITCH L ¼ TURN, L FWD-½ TURN L, ¼ TURN PUSH L-R ¼ TURN, L ¼ TURN-R TOUCH-R SIDE

- 1 step back Left sweeping Right from front to back
- 2a3 step Right behind, step Left to Left, cross Right over Left hitching Left knee making ¼ turn Right (3)
- 4a step forward Left, ½ turn Left by stepping back Right (3)
- 5-6 make ¼ turn Left push Left to Left side, recover ¼ turn Right by stepping forward Right (9)
- a7-8 ¼ turn Right by stepping Left to Left, touch Right together, big step Right to Right (12)

Restart: 5th wall

[09-16] L BACK 1/8 TURN-R BACK-L 1/8 SIDE, R WALK-L WALK-½ TURN, L ROCK BACK RECOVER, L LOCK FWD

- 1-2a 1/8 turn Left by stepping back Left (10.30), step back Right, 1/8 turn Left by stepping Left to Left (7.30)
- 3-4a walk forward Right, walk forward Left, ½ turn Left by stepping back Right (1.30)
- 5-6 rock back Left, recover on Right
- 7a8 step forward Left, lock Right behind Left, step forward Left (1.30)

[17-24] R CROSS ROCK-RECOVER &, L CROSS ROCK-RECOVER, ¼ TURN-R TOUCH-R SIDE-L TOUCH, L ¼ SHUFFLE SWEEP

- 1-2a cross rock Right over Left, recover on Left, step Right together (3)
- 3-4 cross rock Left over Right, recover on Right (3)
- a5a6 ¼ turn Left by stepping Left to Left side, touch Right together, step Right to Right side, touch Left together (12)
- 7a8 step Left to Left, step Right together, ¼ turn Left by stepping forward Left sweeping Right from back to front (9)

[25-32] R 1/8 TURN CROSS-L BACK-R BACK, L BACK-R 1/8 TURN SIDE-L CROSS, R SIDE ROCK-R BACK ROCK, R BACK, L BACK LOCK SWEEP

- 1a2 1/8 turn Right by crossing Right over Left (10.30), step back Left, step back Right (10.30)
- 3a4 step back Left, 1/8 turn Right by stepping Right to Right (12), cross Left over Right (12)
- 5a6a side rock Right to Right, recover on Left, back rock Right, recover on Left
- 7 ½ turn Left by stepping back Right (6)
- 8a1 step back Left, lock Right over Left, step back Left sweeping Right from front to back (6)