

# Back To Your Arms

**COPPER** **KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver Country  
編舞者: Christina Yang (KOR) - July 2019  
音樂: Sea of Heartbreak - Anne Murray



Start the dance after 16 counts

## SECTION 1: SIDE, JAZZ BOX, CROSS, SIDE, BACK ROCK, RECOVER, SIDE, 1/4 TURN TO L WITH BACK ROCK, RECOVER

1-2            RF side, LF cross over RF  
3&4           RF backward, LF side, RF cross over LF  
5-6&        LF side, RF cross rock behind LF, LF recover  
7-8&        RF side, 1/4 turn to L with LF cross rock behind RF, RF recover

## SECTION 2: FORWARD, ROCKING CHAIR, FORWARD, KICK, BACKWARD, COASTER STEP

1            LF forward  
2&3&        RF forward rock, LF recover, RF backward rock, LF recover  
4-6        RF forward, LF forward kick, LF backward  
7&8        RF backward, LF closed RF, RF forward

## SECTION 3: 1/2 TURN TO R WITH CHASE TURN, FULL TURN TO L, FORWARD, 1/4 TURN TO R WITH PIVOT TURN, CROSS, SIDE

1-3        LF forward, 1/2 turn to R with weight change to RF, LF forward  
4&5        1/2 turn to L with RF backward, 1/2 turn to L with LF forward, RF forward  
6-7        LF forward, 1/4 turn to R with RF side  
8&        LF cross over RF, RF side

## SECTION 4: CROSS BEHIND, SIDE, CROSS SHUFFLE WITH SWEEP, CROSS, 1/4 TURN TO R WITH BACKWARD, SIDE, CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER

1&2&        LF cross behind RF, RF side, LF cross over RF, RF side  
3-4&5      LF cross over RF and RF sweep from back to front, RF cross, 1/4 turn to R with LF backward, RF side  
6&7        LF cross rock over RF, RF recover, LF side  
8&        RF cross rock over LF, LF recover

**NO TAG, NO RESTART**

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