Mountain Dew

拍數: 128

級數: Phrased Intermediate

編舞者: Viridiana Becerra - July 2019

音樂: Good Ole Mountain Dew - Buck Owens

Sequence: A-TAG-B-TAG-AB

PART A: 64 counts

CHASSE R. ½ TURN TO L AND CHASSE L. ROCK RECOVER, KICK BALL STEP

- Step RF to R, LF together R, Step RF to R 1&2
- 3&4 1/2 turn to L stepping LF to L, RF together L, Step LF to L
- Rock back RF, Recover LF 5, 6
- Kick RF forward, Step RF, Step LF 7&8

CHASSE DIAG R, ¼ TURN TO L AND CHASSE, CROSS ROCK, RECOVER, OUT OUT

- 1&2 Step RF to diagonal Forward R, Step LF together, Step RF to diagonal Forward R
- 3&4 1/4 turn to L and Step LF to side, RF near to L, Step LF to side
- 5,6 Cross RF over L, Recover LF
- 7,8 Step RF to side, Step LF to side

CROSS RF BACK, STEP TO SIDE, STEP TO SIDE, CROSS LF BACK, STEP TO SIDE, STEP TO SIDE, JAZZ BOX WITH POINT

- Cross RF back, Step LF to side, Step RF to side 1&2
- 3&4 Cross LF back, Step RF to side, Step LF to side
- 5, 6 Cross RF over L, Step LF back
- 7,8 Step RF to side, Point LF to side

ROLLING VINE, SHUFFLE DIAG R, ROCK TOE

- Step LF to side, 1/2 to L and Step RF to side 1, 2
- 3,4 1/2 turn to L and Step LF to side, Touch RF together
- 5&6 Step RF to diagonal forward R, Step LF near to R, Step RF to diagonal forward R
- Step LF forward, Toe RF back 7,8

STEP RF BACK, ¼ TURN TO L AND SHUFFLE FWD DIAG L, STOMP RF TO SIDE, CROSS POINT BACK, POINT TO SIDE, FLICK, STEP LF TO SIDE

- 1 Step RF back
- 2&3 Turn 135° to L stepping LF forward, RF near to L, Step LF forward
- 4 Stomp RF
- 5.6 Cross Point LF back, Point LF to side
- 7,8 Raise LF behind R and Touch left heel with right hand, Step LF to side

JAZZ BOX CROSS, STEP RF TO SIDE, HOLD, STEP LF TO RIGHT, STEP RF TO R, L TOGETHER

- 1, 2 Cross RF over L, Step LF back
- 3, 4 Step RF to side, Cross LF over R
- 5,6 Step RF to side, Hold
- &7.8 Step LF together R, Step RF to side, LF together R

MONTEREY

- Point RF to side, Step RF and 1/2 turn to R 1, 2
- 3, 4 Point LF to side, Step LF together
- Point RF to side, Step RF and 1/2 turn to R 5,6
- Point LF to side, Step LF together 7,8





牆數: 1

HEEL GRIND R&L X2

- 1, 2 Right Heel forward, Turn the tip right foot out to the right
- &3,4 Step RF back, Left Heel forward, Turn the tip left foot out to the left
- &5,6 Step LF back, Right Heel forward, Turn the tip right foot out to the right
- &7,8 Step RF back, Left Heel forward, Turn the tip left foot out to the left

PART B: 64 counts

CHASSE R, ROCK RECOVER, CHASSE, ½ TURN TO R

- 1&2 Step RF to side, LF near to R, Step RF to side
- 3, 4 Rock LF, Recover RF
- 5&6 Step LF to side, RF near to L, Step LF to side
- 7, 8 ¹/₂ turn to R and Step RF to side, Weight on L

WEAVE, ANCHOR STEP, ¼ TURN TO L and STEP LF FWD, RECOVER

- 1, 2 Cross RF back, Step LF to side
- 3, 4 Cross RF over L, Step LF to side
- 5&6 Cross RF back, Recover LF, Recover RF back
- 7, 8 1/4 turn to L and Rock LF forward, Recover RF

1/4 TURN TO L AND CHASSE L, PIVOT TO L, ROCK RECOVER, STOMP AND ¼ TURN TO R, KICK

- 1&2 1/2 turn to L stepping LF forward, RF near to L, Step LF forward
- 3, 4 Step RF forward and full turn on RF, Step LF forward
- 5, 6 Rock RF forward, Recover LF
- 7, 8 Stomp RF and ¼ turn to R, Kick RF forward

STEP R&L BACK, ANCHOR STEP, STEP LF FWD, TOGETHER, STEP LF FWD TOGETHER

- 1, 2 Step RF back, Step LF back
- 3&4 Cross RF back, Recover LF, Recover RF back
- 5, 6 Step LF forward, Together RF
- 7, 8 Step LF forward, Together RF

HEELS OUT, TOES OUT, TOES IN, HEELS IN, $\frac{1}{2}$ TURN TO R AND SHUFFLE, $\frac{1}{2}$ TURN TO R AND SHUFFLE

- 1, 2 Both heels open to sides, Both toes open to sides
- 3, 4 Both toes close, Both heels close
- 5&6 1/2 turn to R stepping RF forward, LF near to R, Step RF forward
- 7&8 1/2 turn to R stepping LF back, RF near to L, Step LF back

SHUFFLE BACK RF, ROCK RECOVER, OUT OUT, IN IN

- 1&2 Step RF back, LF near to R, Step RF back
- 3, 4 Rock LF, Recover RF
- 5, 6 Left heel forward, Right heel forward
- 7, 8 Step LF back, Step RF back

SHUFFLE FWD R&L, STEP RF, ½ TURN TO L, PIVOT TO L

- 1&2 Step RF forward, LF near to R, Step RF forward
- 3&4 Step LF forward, RF near to L, Step LF forward
- 5, 6 Step RF forward, ½ turn to L
- 7, 8 Step RF forward and full turn on RF, Step LF forward

STEP RF, SLIDE, HEEL GRIND, ½ TURN TO L, STEP LF TO SIDE, TOUCH RF TOGETHER

- 1, 2 Step RF to diagonal R, Slide LF
- 3, 4 Slide LF, Stomp LF
- 5, 6 Left Heel to side, ½ turn to L
- 7, 8 Step LF side, Touch RF

TAGS: VAUDEVILLE R&L

- 1, 2 Step RF to side, Cross left behind right
- &3&4 Step right together, touch left heel to diagonal left, step left together, Cross right over left
- 5-6 Step LF to side, Cross right behind left
- &7&8 Step left together, Touch right heel to diagonal right, step right together, Cross left over right

SHUFFLE DIAG R&L, ½ TO L, STOMP, STOMP

- 1&2 Step RF to diagonal forward R, LF near to R, Step RF to diagonal forward R
- 3&4 Step LF to diagonal forward R, RF near to L, Step LF to diagonal forward L
- 5, 6 Step RF, Turn 225° to L
- 7, 8 Stomp RF, Stomp LF

FINAL: Part B after 20 Counts

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