

Forever Young

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Hotma Tiarma Purba (INA) - July 2019
音樂: Forever Young - Marlisa



'Dance starts on Vocal'

I. FORWARD-SIDE TOUCH HEEL, SAILOR TURN, FORWARD-SIDE TOUCH HEEL, SAILOR TURN

1-2 Touch R heel forward, touch R heel to side
3&4 ¼ Turn right stepping R behind L, step L to side, step R to side (03.00)
5-6 Touch L heel forward, touch L heel to side
7&8 ¼ Turn left stepping L behind R, step R to side, step L to side (12.00)

II. WALK FORWARD, PIVOT TURN, SHUFFLE TURN, SWAY

1-2 Step R forward, step L forward
3&4 Step R forward, ½ turn left stepping L in place, step R forward (06.00)
5&6 ¼ Turn left crossing L over R, step R to side, cross L over R (03.00)
7-8 Step R to side, step L to side

III. CROSS, BACK, SIDE, CROSS BACK, SIDE, FORWARD TURN FLICK, LOCK SHUFFLE

1&2 Cross R over L, step back L, step R to side
3&4 Cross L over R. step back R, step L to side
5-6 Step R forward, ½ turn left flicking R (09.00)
7&8 Step R forward, lock L behind R, step R forward

IV. SIDE-CLOSE TOUCH, BEHIND SIDE CROSS, CROSS MAMBO, SHUFFLE

1&2 Touch L to side, close touch beside R, touch L to side
3&4 Cross L behind R, step R to side, cross L over R
5&6 Cross R over L, recover on L, step R to side
7&8 Cross L over R, step R to side, cross L over R

There is 1 Restart in wall 4 after 8 count.

There is 1 Tag after wall 8 (6 count) facing 03.00 and restart facing 06.00

FORWARD-SIDE TOUCH HEEL, SAILOR TURN, SIDE, CLOSE

1-2 Touch R heel forward, touch R heel to side
3&4 ¼ Turn right stepping R behind, step L to side, step R to side
5-6 Step L to side, close R beside L (body roll to left)

Enjoy the dance and don't hesitate to contact me at hottiepurba@yahoo.com

Last Update - 24 July 2019