

Rednek

拍數: 64 牆數: 4 級數: Improver / Intermediate
編舞者: Séverine Fillion (FR) - July 2019
音樂: #REDNEK - Gord Bamford



Intro : 48 counts

[1-8] STEP, TOUCH, BACK, KICK, BACK, HEEL, FWD, SCUFF

1-2 Right step fwd, Touch left just behind right
3-4 Recover weight on left back, right Kick fwd
5-6 Right step back, Touch left heel fwd
7-8 Recover weight on left fwd, Scuff right

[9-16] STEP LOCK STEP FWD, HOLD (RIGHT & LEFT)

1-4 Right fwd, « lock » left cross behind right, right fwd, Hold
5-8 Left fwd, « lock » right cross behind left, left fwd, Hold

[17-24] STEP 1/2 TURN STEP, HOLD, TRIPLE FULL TURN FWD, HOLD

1-4 Right fwd, Turn 1/2 left, right fwd, Hold 6:00
5-8 Triple step left – right – left fwd full turning right, Hold

[25-32] ROCKING CHAIR, STEP, CLAP, 1/2 TURN, CLAP

1-4 Rock step right fwd, recover on left, rock back on right, recover on left
5-8 Right step fwd, Hold & Clap, Turn 1/2 left, Hold & Clap 12:00

* RESTART N° 1 on 3rd wall

[33-40] SIDE ROCK - KICK - CROSS (RIGHT & LEFT)

1-4 Rock side step to the right, recover on left, right Kick fwd, right cross over left
5-8 Rock side step to the left, recover on right, left Kick fwd, left cross over right

[40-48] TOE, HEEL, CROSS, HOLD (RIGHT & LEFT)

1-4 Touch right toe next to left (right knee « IN »), touch right heel fwd, right cross over left, Hold
5-8 Touch left toe next to right (left knee « IN »), touch left heel fwd, left cross over right, Hold

* RESTART N° 2 on 6th wall

[49-56] STEP 1/4 CROSS, HOLD, WEAVE TO LEFT

1-4 Right step fwd, Turn 1/4 left, right cross over left, Hold 9:00
5-8 Left to left, right cross behind left, left to left, right cross over left

[57-64] SCISSOR STEP, HOLD, SIDE POINT, TOUCH, HEEL, HOOK

1-4 Left to left, right next to left, left cross over right, Hold
5-6 Touch right toe to right side, touch right toe next to left
7-8 Touch right heel fwd, Hook right cross over left leg

RESTARTS : On the 3rd wall after 32 counts (at 6:00) and on the 6th wall after 48 counts (at 12:00)

HAVE FUN !! ENJOY !!