

Thorn In My Side

COPPER KNOB
BY STEPHEN METZ

拍數: 64 牆數: 2 級數: High Improver
編舞者: Niels Poulsen (DK) - June 2019
音樂: Thorn In My Side - Eurythmics : (iTunes)



Intro: 16 counts from beginning of track. App. 8 secs. into track. Start with weight on L foot
Easy Restart: On wall 4 (starts facing 6:00). On count 32 turn ¼ L stepping L fwd facing 12:00 & Restart

[1 – 8] R rock step, R coaster step, L rock step, triple ¾ L

1 – 2 Rock R fwd (1), recover back on L (2) 12:00
3&4 Step back on R (3), step L next to R (&), step R fwd (4) ... (OR full triple turn R) 12:00
5 – 6 Rock L fwd (5), recover back on R (6) 12:00
7&8 Turn ½ L stepping L fwd (7), turn ¼ L stepping R to R side (&), cross L over R (8) 3:00

[9 – 16] R side rock, cross shuffle, L side rock, cross shuffle

1 – 2 Rock R to R side (1), recover on L (2) 3:00
3&4 Cross R over L (3), step L to L side (&), cross R over L (4) 3:00
5 – 6 Rock L to L side (5), recover on R (6) 3:00
7&8 Cross L over R (7), step R to R side (&), cross L over R (8) 3:00

[17 – 24] Monterey ¼ R X 2

1 – 4 Point R to R side (1), turn ¼ R stepping R next to L (2), point L to L side (3), step L next to R (4) 6:00
5 – 8 Point R to R side (5), turn ¼ R stepping R next to L (6), point L to L side (7), step L next to R (8) 9:00

[25 – 32] Half of a Figure 8 (vine ¼, step ½, ¼ vine)

1 – 3 Step R to R side (1), cross L behind R (2), turn ¼ R stepping R fwd (3) 12:00
4 – 5 Step L fwd (4), turn ½ R onto R (5) 6:00
6 – 8 Turn ¼ R stepping L to L side (6), cross R behind L (7), step L to L side (8) * Restart here 9:00

[33 – 40] Cross side, R sailor step, cross, ¼ L, ¼ L into L chassé

1 – 2 Cross R over L (1), step L to L side (2) 9:00
3&4 Cross R behind L (3), step L to L side (&), step R to R side (4) 9:00
5 – 6 Cross L over R (5), turn ¼ L stepping back on R (6) 6:00
7&8 Turn ¼ L stepping L to L side (7), step R next to L (&), step L to L side (8) 3:00

[41 – 48] Cross side, R sailor step, cross, ¼ L, L shuffle back

1 – 2 Cross R over L (1), step L to L side (2) 3:00
3&4 Cross R behind L (3), step L to L side (&), step R to R side (4) 3:00
5 – 6 Cross L over R (5), turn ¼ L stepping back on R (6) 12:00
7&8 Step back on L (7), step R next to L (&), step back on L (8) 12:00

[49 – 56] R back rock, R kick ball step, step turn, full turn L

1 – 2 Rock back on R (1), recover fwd to L (2) 12:00
3&4 Kick R fwd (3), step R next to L (&), step L fwd (4) 12:00
5 – 6 Step R fwd (5), turn ½ L onto L (6) 6:00
7 – 8 Turn ½ L stepping back on R (7), turn ½ L stepping L fwd (8) ... (OR walk R and L fwd) 6:00

[57 – 64] R rocking chair, step ½ L X 2

1 – 4 Rock R fwd (1), recover back on L (2), rock back on R (3), recover fwd onto L (4) 6:00
5 – 8 Step R fwd (5), turn ½ L onto L (6), step R fwd (7), turn ½ L onto L (8) 6:00

Start Again!

Tag 1 Comes twice. After wall 2, facing 12:00, and after wall 5, facing 6:00

Heel & heel & step turn, heel & heel & step turn, R jazz box, step L fwd

1&2& Touch R heel fwd (1), step R next to L (&), touch L heel fwd (2), step L next to R (&) 12:00

3 – 4 Step R fwd (3), turn $\frac{1}{2}$ L onto L (4) 6:00

5&6& Touch R heel fwd (5), step R next to L (&), touch L heel fwd (6), step L next to R (&) 6:00

7 – 8 Step R fwd (7), turn $\frac{1}{2}$ L onto L (8) 12:00

9 – 12 Cross R over L (9), step back on L (10), step R to R side (11), step L fwd (12) 12:00

Tag 2 Comes only one time. After wall 6, facing 12:00: R jazz box, step L fwd

1 - 4 Cross R over L (1), step back on L (2), step R to R side (3), step L fwd (4) 12:00

Ending Wall 8 is your last wall. Finish count 48 but change it to a shuffle $\frac{3}{4}$ L fwd to end at 12:00
