

Keith

拍數: 48 牆數: 4 級數: Improver
編舞者: Carrie Ann Earl (ES) - July 2019
音樂: Keith - Kaylee Bell : (iTunes)



Intro: 16 counts - No Tags/Restarts

S1: SKATE, SKATE, SHUFFLE, ROCK, RECOVER, COASTER CROSS

1-2 Skate forward Right, Left
3&4 Step forward Right, step Left next to Right, step forward Right
5-6 Rock forward Left, recover on to Right
7&8 Step back Left, step Right to Right side, cross Left over Right

S2: ½ HINGE TURN, CROSS ROCK, RECOVER, STEP SIDE, CROSS, SIDE, BEHIND SIDE, CROSS

1-2 Make ¼ turn Left stepping back Right, make ¼ turn Left stepping Left to Left side (6:00)
3&4 Cross Rock Right over left, recover stepping Right to side
5-6 Cross Left over Right, Step Right to side
7&8 Cross Left behind Right, Step Right to Side, Cross Left over Right

S3: SIDE ROCK, RECOVER, ¼ TURN, SHUFFLE FWD, CROSS SAMBA, CROSS SAMBA

1-2 Rock Right to Right side, recover weight forward onto Left as you make ¼ turn Left (3:00)
3&4 Step forward Right, step Left next to Right, step forward Right
5&6 Cross Left over Right. Rock Right to Right side. Recover onto Left (Travelling Forward)
7&8 Cross Right over Left. Rock Left to Left side. Recover onto Right (Travelling Forward)

S4: STEP ½ TURN, SHUFFLE FWD, ROCK, RECOVER, BACK DRAG

1-2 Step forward Left, Pivot ½ Turn Right (weight on Right) (9:00)
3&4 Step forward Left, Step Right next to Left, Step forward Left
5-6 Rock forward on Right, Recover onto Left
7-8 Long Step back on Right, Drag Left next to Right (weight on Left)

S5: WALK, WALK, SHUFFLE, WALK, WALK, SHUFFLE – COMPLETING A FULL TURN

1-2 Make 1/8 turn Left walking forward on Right. Make 1/8 turn Left walking forward on Left. (6:00)
3&4 Shuffle ¼ turn left – stepping forward Right, step Left next to Right, Step forward Right (3:00)
5-6 Make 1/8 turn Left walking forward on Left. Make 1/8 turn Left walking forward on Right. (12:00)
7&8 Shuffle ¼ turn left – Stepping forward Left, Step Right next to Left, Step forward Left (9:00)

S6: ROCK, RECOVER, SAILOR ½ ROCK, RECOVER, COASTER STEP

1-2 Rock forward on Right, Recover onto Left
3&4 Step Right behind Left, Make ¼ turn Right stepping Left to Left, make ¼ turn Right stepping Right to Right (3:00)
5-6 Rock forward on Left, Recover on Right
(optional arms: raise arms up, wave both right on the rock fwd, wave both left on the recover)
7&8 Step back Left, step back Right next to Left, Step forward Left

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Dedicated to my Husband my Soulmate 'Keith'