

4am & 40 Degrees

COPPER KNOB
BY STEPHEN T. C.

拍數: 32 牆數: 0
編舞者: Kelly Kaylin (CAN) - July 2019
音樂: Hot Hot Hot - Arrow

級數: Beginner / Circle



Choreographed at 4:00 am during a heat wave this dance was something for fun for beginners.

TOE TOUCHES, ROCK STEP, SLIDES

- 1-2 Touch right toe to right side, touch right beside left
- 3-4 Touch left toe to left side, touch left beside right
- 5-8 Repeat steps 1-4

- 9-12 Rock forward on right, recover weight on left, rock back right, recover weight on left
- 13-16 Step right foot forward, slide left beside right, step right forward, slide left beside right

- 17-20 Rock forward on left, recover weight on right, rock back on left, recover weight on right
- 21-24 Step left foot forward, slide right beside left, step left forward, slide right beside left

TRIPLE STEP, HAT DANCE

- 25&26 Step in place right, left, right
- 27&28 Step in place left, right, left
- 29&30 Touch right heel out, quickly step right home and extend left heel
- 31&32 Quickly step left home and extend right heel, clap

REPEAT
