

# 4am & 40 Degrees

**COPPER KNOB**  
BY STEPHEN T. C.

拍數: 32      牆數: 0  
編舞者: Kelly Kaylin (CAN) - July 2019  
音樂: Hot Hot Hot - Arrow

級數: Beginner / Circle



Choreographed at 4:00 am during a heat wave this dance was something for fun for beginners.

## TOE TOUCHES, ROCK STEP, SLIDES

- 1-2            Touch right toe to right side, touch right beside left
- 3-4            Touch left toe to left side, touch left beside right
- 5-8            Repeat steps 1-4
  
- 9-12           Rock forward on right, recover weight on left, rock back right, recover weight on left
- 13-16           Step right foot forward, slide left beside right, step right forward, slide left beside right
  
- 17-20           Rock forward on left, recover weight on right, rock back on left, recover weight on right
- 21-24           Step left foot forward, slide right beside left, step left forward, slide right beside left

## TRIPLE STEP, HAT DANCE

- 25&26           Step in place right, left, right
- 27&28           Step in place left, right, left
- 29&30           Touch right heel out, quickly step right home and extend left heel
- 31&32           Quickly step left home and extend right heel, clap

**REPEAT**

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