

Party In The Back

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Christopher Gonzalez (USA) - May 2019
音樂: PARTY (feat. Wax & Herbal T) (Ofenbach vs. Lack Of Afro) - Ofenbach & Lack of Afro



#16-ct intro :: <https://open.spotify.com/track/33064BqXHOJyZXq0nEEqWA>

Mellow senior-friendly alternative: "In The Cool, Cool, Cool Of The Evening" by Frank Sinatra; 1:51; 126 BPM; 16-ct intro
<https://open.spotify.com/track/2ku6uDrUowKllcwnm8ZgXL>

Rowdier country bar alternative: "Tore Back" by Moonshine Bandits; 3:30; 122 BPM; 32-ct intro
<https://open.spotify.com/track/7B8YZU6WpuwgsAua4UdbDN>

Notes: Many thanks to Liya Levanda for testing steps with me along the way, Rosie Multari for her beginner-focused feedback, and Dolly Urquhart and her Rohnert Park beginner class for field-testing the final draft!

[1-8] Step, Bump, Bump, Bump, Step, Touch, Step, Touch 12:00

- 1, 2 Step R to side and push hips R (1), shift weight to L and push hips L (2) 12:00
- 3, 4 Shift weight to R and push hips R (3), shift weight to L and push hips L (4) 12:00
- 5, 6 Step R in place (5), touch L together (6) :: Optional: add clap (6) 12:00
- 7, 8 Step L back toward L diagonal (7), touch R together (8) Optional: add clap (8) 12:00

[9-16] Step, Bump, Bump, Bump, Step, Touch, Step, Touch 12:00

- 1, 2 Step R to side and push hips R (1), shift weight to L and push hips L (2) 12:00
- 3, 4 Shift weight to R and push hips R (3), shift weight to L and push hips L (4) 12:00
- 5, 6 Step R in place (5), touch L together (6) :: Optional: add clap (6) 12:00
- 7, 8 Step L forward toward L diagonal (7), touch R together (8) Optional: add clap (8) 12:00

[17-24] Grapevine R, Kick, Step, Kick, Step, Kick 12:00

- 1, 2 Step R to side (1), step L behind R (2) 12:00
- 3, 4 Step R to side (3), kick L across R (4) 12:00
- 5, 6 Step L to side (5), kick R across L (6) 12:00
- 7, 8 Step R to side (7), kick L across R (8) 12:00

[25-32] Grapevine L + 1/4 Turn, Kick, Jazz Square 9:00

- 1, 2 Step L to side (1), step R behind L (2) 12:00
- 3, 4 Turn 1/4 L and step L forward (3), kick R across L (4) :: Optional: step L to side (3) to make this dance 1-wall 9:00
- 5, 6 Step R across L (5), step L back (6) 9:00
- 7, 8 Step R to side (7), step L across R (8) 9:00

Styling!

(1-4 / 9-12) Throw in freestyle arm movements during the weight shifts! Examples: Go Greased Lightning horizon panning, flossing, overhead monkey arms, the robot, the cabbage patch, the sprinkler, the shopping cart/disco finger points, conga line fist rolls; get wild with it!

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