Gradually...(Chim Chim)



拍數: 48 牆數: 2 級數: Intermediate

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音樂: Am I Me (漸漸) - Eason Chan (陳奕迅)



Intro: 4x6

Set 1 Step Kick, 1/4L back twinkle End facing

1-3 Step LF fwd, gradually lift RF fwd over 2 counts 12:00

4-6 Step back on RF, ¼L rock LF to L (9:00), 1/8L recover on RF (7:30) 7:30

Set 2 Half Diamond Fallaway

1-3 Step LF behind RF, 1/8R Step RF to R (9:00), 1/8R Cross LF over RF (10:30) 10:30

4-6 Step RF fwd, 1/8R step LF to L (12:00), 1/8L step RF back (1:30) 1:30

Set 3 Back, Hook, Fwd 1/2R pivot

1-3 Step LF back, Gradually hook RF in front of L ankle over 2 counts 1:30

4-6 Step RF fwd, Step LF fwd, ½R shifting weight on RF (7:30) 7:30

Set 4 Fwd Full turn L, curvy run

1-3 Step LF fwd, ½L stepping RF back (1:30), ½L stepping LF fwd (7:30) 7:30

Set 5 Cross Rock Side, ½R Twinkle

1-3 LF cross rock over RF, recover on RF, 1/8L Step LF to L (3:00) 3:00

4-6 RF cross over LF, ¼R step LF back (6:00), ¼R Step RF to R (9:00) 9:00

Set 6 Weave, Big Step Drag

1-3 LF cross over RF, Step RF to R, Step LF behind RF 9:00

4-6 RF take a big step to R, Drag LF towards RF gradually over 2 counts 9:00

Set 7 1/4L Fwd Point, Back Point

1-3 1/4L Cross LF over RF, Point RF to R, hold 6:00

4-6 Step back on RF (or execute a full Monterey turn R), Point LF to L, hold 6:00

Set 8 Progressive full turn L

1-3 Step LF fwd, ½L step back on RF (12:00), step back on LF 12:00 4-6 Step RF back, ½L step fwd on LF (6:00), step fwd on RF 6:00

Start again and emote to the beautiful melody!

RESTART: On Wall 4 (start 6:00), dance up to 21 counts, then RF take a big step to the R dragging LF in gradually for counts 22-24 (facing 12:00). Then restart dance on Wall 5 facing 12:00.

TAG: After Wall 7, do this 6 count tag facing 6:00:

Set 1 Fwd Waltz Basic, Back Waltz Basic End facing

1-3 Step LF fwd, Step RF next to LF, Step LF next to RF 6:00

4-6 Step RF back, Step LF next to RF, Step RF next to LF 6:00

Ending: Dance the whole of Wall 10 (start 6:00, end 12:00), then lunge forward on LF and hold on the last beat.