

# Make It Through Another Day

COPPERKNOB  
BY STEPHENETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: José Miguel Belloque Vane (NL) & Roy Verdonk (NL) - July 2019  
音樂: Another Day - Buckshot LeFonque



Intro : 32 counts

Restarts in wall 3 and wall 7 after count 16

## S1: Ball/Step, Step forward, Cross Heel Grind, Side, Side, Cross, Sweep, Cross, 1/4 Turn L(2x)

&1-2      Lf step together(&), RF step forward, LF step forward  
3&4      RF cross heel in front of LF (toes turned in), RF swivel toes right whilst taking step to left with LF (&), RF step right  
5      LF cross in front of RF sweeping RF from back to front  
6&7      RF cross in front of LF, make 1/4 turn right stepping LF back (&), make 1/4 right during (06.00)  
8      LF cross in front of RF

## S2: Press/Recover, Sailor Step With 1/4 Turn L, Ball/ Lock Behind, Unwind Full Turn L

1-2      RF press on ball of foot on right diagonal (7.30), recover onto LF  
3&4      RF cross behind LF, make 1/4 turn left stepping LF forward (&), RF step forward (03.00)  
&5      LF step forward(&), RF lock behind LF  
6-7-8      unwind slowly full turn left (weight ends on LF) (03.00)  
(\*restart the dance here in wall 3 and 7 , but then end with weight on RF)

## S3: Ball/Touches (2x) With 1/4 Turn L, Ball/ Point, Ball/Step, Step Forward L/R, 1/8 Turn R, Ball/Cross, 1/8 Turn L, Forward L

&1      RF step diagonal back right(&), LF touch together  
&2      make 1/4 turn left (12.00) stepping LF diagonal back left (&), RF touch together  
&3      RF step back (&), LF touch forward  
&4      LF step together (&), RF step forward  
5-6      LF step forward , RF step forward  
&7      make 1/8 turn right (01.30) stepping LF left (&), RF cross in front of LF  
8      make 1/8 turn left (12.00) stepping LF forward

## S4: 1/2 Turn L With Sweep, Syncopated Sailor Steps Travelling Forward, Hip Bump With 1/2 Turn L, Sailor Step With Heel Touch With 1/4 Turn L

1      make 1/2 turn left stepping RF back and sweeping LF from front to back (06.00)  
2&3      LF cross behind RF, RF step forward diagonal right(&), LF step forward diagonal left  
&4      RF cross behind LF (&), LF step forward  
5-6      RF touch toes forward and bump right hip forward, make 1/2 turn left stepping RF down (12.00)  
7&8      LF cross behind RF, make 1/4 turn left stepping RF forward (09.00)(&), LF touch heel forward