

Alt Er Godt

COPPERKNOB
STEPPERS

拍數: 64 牆數: 2 級數: Improver
編舞者: Gitte Plöger (DK) & Jette Voldbirk (DK) - July 2019
音樂: Alt er godt (feat. Thomas Buttenschøn) - Chief 1 : (iTunes)



Intro : 32 count, start on Vocal

Restart: Wall 6 facing (9:00) after 32 counts With stepchange. On count 32: touch R next to Left and Restart.

Sec 1: 4 X DIAGONAL STEP TOUCH

1 – 2 Step R fwd to right diagonal (1), touch L next to R (2)
3 – 4 Step back on L to left diagonal (3), touch R next to L (4)
5 – 6 Step back on R to right diagonal (5), touch L next R (6)s
7 – 8 Step fwd on L to left diagonal (7), touch R next to Left (8)

Sec 2: SIDE, BEHIND, ¼ TURN , STEP, PIVOT ½ TURN, ¼ TURN , BEHIND, ¼ TURN L

1 - 2 Step R to right side, (1) cross L behind R (2)
3 - 4 ¼ turn right stepping R fwd (3) step fwd on L (4) (3:00)
5 - 6 Pivot ½ turn R (5)make ¼ turn right stepping L to left side (12:00)
7 - 8 Cross R behind L (7), ¼ turn left stepping L fwd (9:00)

Sec 3: ROCKING CHAIR, STEP PIVOT ½ TURN, FULL TURN

1 - 2 Rock fwd on R (1), recover on L (2)
3 - 4 Rock back on R (3), recover on L(4)
5 - 6 Step R fwd (5), ½ turn pivot left (6) (3:00)
7 - 8 Step R fwd making 1/2 turn left stepping back on R (7), make 1/2 turn left stepping fwd on L (3:00)

Sec 4: STEP, LOCK, STEP, SCUFF X 2 TO R & L DIAGONAL

1 – 2 Step R fwd to right diagonal (1) lock L behind R (2)
3 – 4 Step R fwd to right diagonal (3) scuff L to left diagonal (4)
5 – 6 Step L fwd to left diagonal (5), lock R behind L (6)
7 – 8 Step L fwd to left diagonal (7), scuff R to right diagonal (8)(3:00) Restart Wall: 6 (9:00)

Sec 5 : JAZZ BOX CROSS, VINE RIGHT SIDE, CROSS

1 – 2 Cross R over L (1) step back on L (2)
3 – 4 Step R to right side (3) cross L over R (4)
5 – 6 Step R to right side (5) cross L behind R (6)
7 – 8 Step R to right side (7) cross L over R (8) (3:00)

Sec 6 : BIG STEP,DRAG, BACK ROCK/RECOVER X 2 TO R & L SIDE

1 – 2 Big step to right side (1) drag L next to R (2)
3 – 4 Rock back on L (3) recover on R (4)
5 – 6 Big step to left side (5) drag R next to left (6)
7 – 8 Rock back on R (7), recover on L (8)

Sec 7 : STEP , PIVOT 1/2 TURN, STEP, HOLD, FULL TURN, HOLD

1 – 2 Step R fwd (1), ½ turn pivot left (2)
3 – 4 Step R fwd (3), Hold (4)
5 – 6 Step L fwd making ½ turn right stepping back on L (6)
7 – 8 Make ½ turn right stepping fwd on R (7) Hold (8) (9:00)

Sec 8 : MAMBO STEP, HOLD, SAILOR ¼ TURN LEFT, TOUCH

1 – 2 Rock fwd on R (1), recover on L (2)

- 3 – 4 Step back on R (3) Hold (4)
- 5 – 6 Cross sweep L behind R making $\frac{1}{4}$ turn left (5) step R next to left (6)
- 7 – 8 Step L fwd (7) touch R next to L (8)(6:00)

Start Again!

**Restart: Wall 6 facing (9:00) after 32 counts With stepchange. On count 32: touch R next to Left and Restart.
Ending: Wall 8 starts facing (3:00) dance up to count 32 then step R fwd and pivot $\frac{1}{2}$ turn left to face (12:00)**

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