

Time 2 Get Sexy

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Ria Vos (NL) - July 2019
音樂: Sexy - Raúl Paz : (Album: Revolución)



Intro: 16 Counts

Walk Fwd R-L-R, Lock Step Fwd, Rock Fwd, Lock Step Back

1-2-3 Step Fwd R-L-R
4&5 Step Fwd on L, Lock R Behind L, Step Fwd on L
6-7 Rock Fwd on R, Recover on L
8&1 Step Back on R, Lock L Over R, Step Back on R

Point Back, ½ L, Point Fwd, ½ L, Rock Back, Kick Ball Step

2-3 Point L Back, ½ Turn L Step Fwd on L (use your hips)
4-5 Point R Fwd, ½ Turn L Step Down on R (use your hips)
6-7 Rock Back on L, Recover on R
8&1 Kick L Fwd, Step on Ball of L Next to R, Step Fwd on R

Easy Option 2-5: Toe Struts Backwards L-R

Hip Step L, Hip Step R, Step Pivot ½ R, Shuffle ½ R

2-3 Touch L Toe Fwd Bumping Hip Fwd, Step L Heel Down
4-5 Touch R Toe Fwd Bumping Hip Fwd, Step R Heel Down
6-7 Step Fwd on L, Pivot ½ Turn R
8&1 Shuffle ½ Turn R Stepping L-R-L

Back Point (Flick), Cross Shuffle, Side Rock ¼ L, Step, Lock

2-3 Step R Behind L, Point L to L Side (option: Flick)
4&5 Cross L Over R, Step R to R Side, Cross L Over R
6-7 Rock R to R Side, ¼ Turn L Recover on L (9:00)
8& Step Fwd on R, Lock L Behind R

Tag: After Wall 1 (9:00) & 4 (12:00)

Step Fwd, Rock Fwd, Lock Step Back, Rock Back, Step, Lock

1 Step Fwd on R
2-3 Rock Fwd on L, Recover on R
4&5 Step Back on L, Lock R Over L, Step Back on L
6-7 Rock Back on R, Recover on L
8& Step Fwd on R, Lock L Behind R

Note: When he sings 'Sexy'... try to make the steps extra sexy ;-) on count 1-3, and count 2-3 of section 2, 3 & 4 ;-)

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