

# Get a Little Southbound

**COPPER KNOB**  
STEPSHEETS

拍數: 48      牆數: 4      級數: Improver  
編舞者: Pam Wingo (USA), Rose Napolitan Prim & Kim Moseley McFarlane - July 2019  
音樂: Southbound - Carrie Underwood



## SECTION 1: Walks (2 x's), Shuffle forward, Rock step, Turning shuffle

1-2            Walk R (1), walk L (2)  
3&4           Step forward R (3), step L foot next to R (&), step forward on R (4)  
5-6            Rock forward on L (5), recover weight to R (6)  
7&8           Step back on L making 1/2 turn(7), step back on R making 1/2 turn (&), Step L foot next to R (8) \*\*

**\*\*ALTERNATE STEP: shuffle back w/no turn L,R,L**

## SECTION 2: SAILOR R, SAILOR L, HEEL SWITCHES, BIG STEP FORWARD

1&2            Step R foot behind L (1), Step L foot to side (&), Step R foot next to L (2)  
3&4            Step L foot behind R (3), Step R foot to side(&), Step L foot next to R (4)  
5&6&          Touch R heel forward (5), bring R foot in next to L (&), touch L heel forward (6), bring L foot in next to R (&)  
7-8            Take a big step forward w/R (7), slide L foot next to R, putting weight on L (8)

## SECTION 3: WALKS (4 x's), TOE, HEEL STOMPS (2 x's)

1-4            Step forward on R (1), Step w/L making 1/4 turn L (2), step forward on R making 1/4 turn L (3), step forward on R making 1/4 L (4) (3:00 wall)  
5&6            Touch R toe next to instep of L (5), touch R heel to instep of L (&), stomp R foot forward (6)  
7&8            Touch L toe next to instep of R (7), touch L heel to instep of R (&), stomp L foot forward (8)

## SECTION 4: KICK & POINT (2 x's), STEP PIVOT (2 x's)

1&2            Kick R foot out to front (1), step R foot next to L (&), point L toe to side(2)\*  
3&4            Kick L foot out to front (3), step L foot next to R (&), point R toe to side (4)  
5-8            Step forward on R (5), make a 1/2 turn L (6), step forward on R (7), make a 1/2 turn L (8)

## SECTION 5: SHUFFLE R W/ROCK STEP, SHUFFLE L W/ROCK STEP

1&2            Step R to R (1), step L next to R (&), step R to R (2)  
3-4            Rock L foot behind R (3), recover weight to R (4)  
5&6            Step L to L (5), step R next to L (&), step L to L (6)  
7-8            Rock R foot behind L (7), recover weight to L (8)

## SECTION 6: R VAUDEVILLE STEP, L VAUDEVILLE STEP

1-2            Step R foot to R (1), cross L behind R (2)  
&3&4&          step R to R (&), touch L heel forward(3), step L foot next to R (&), cross R foot over L (4)  
5-6            Step L foot to L(5), cross R foot behind L (6)  
&7& 8          Step L foot to L (&), touch R heel forward(7), step R foot next to L (&), cross L foot over R(8)

**NO TAGS OR RESTARTS!! Begin dance again!**

Any questions, please contact me at: [pamdances@icloud.com](mailto:pamdances@icloud.com)

Last Update – 20 July 2019