

# Here in My Arms (P)

COPPER KNOB  
BY STEPHEN

拍數: 40      牆數: 0  
編舞者: Lyndy (USA) - July 2019  
音樂: All To Myself - Dan + Shay

級數: Improver Partner / circle



For the "Lyndy & Friends Country Dance Workshop & Anniversary Dance" on Long Island

Starts: Indian Position (Man behind woman facing to the outside of the circle, hands joined at shoulder)

## L SIDE STEP TOUCH R, R SIDE STEP TOUCH L, LYNDY LEFT

- 1-2            Step L to left side, touch R next to L  
3-4            Step R to right side, touch L next to right  
5&6           Step L to left side, step R next to L, step L to left side  
7-8            Rock R behind L, recover L

## 2 SHUFFLES TURNING ¼ LEFT WHILE TRAVELING REVERSE LOD, ROCK & RECOVER, SHUFFLE ½ RIGHT TOWARD LOD

- 9&10           Step R to right side, step L next to R, turn ¼ L and step back on R  
(Break R hands, joined L hands go over man's head)  
11&12          Turn ¼ left and step L to left side, step R next to L, turn ¼ left and step forward L (facing Rev. LOD, joined L hands over lady's head)  
13-14          Rock forward R, recover L (Join R hands, break L hands)  
15&16          Turn ¼ right and step R to right side, step L next to R, turn ¼ right and step forward R (R hands pass over man's head, rejoin hands in cape position, couple is facing LOD)

## ¼ PIVOTS/SIDE STEPS RIGHT, LYNDY LEFT (Man moves behind Woman)

- 17-18          Woman: Step forward L, pivot ¼ right onto R  
17-18          Man: Side step L, step R next to L completing ¼ turn (Man now behind woman, facing outside of circle)  
19-20          Woman: Step forward L, pivot ¼ right onto R  
19-20          Man: Side step L, step R next to L completing ¼ turn (Man now behind woman, facing RLOD)  
21&22          Step L to left side, step R next to L, step L to left side  
23-24          Rock R behind L, recover L

## TRIPLE IN PLACE WITH ½ TURN LEFT (into cape position facing LOD), ROCK & RECOVER, 2 STEP TURN (WALKS), SHUFFLE FORWARD L-R-L

- 25&26          Woman: Shuffle in place R-L-R while turning ½ left  
25&26          Man: Shuffle forward and to the right R-L-R while turning ½ left (man is now on woman's left in a cape position, facing LOD)  
27-28          Rock back L, recover R  
29-30          Woman: Turn ½ right and walk back on L, turn ½ R and walk forward on R (break L hands, joined R pass over woman's head, return to cape position)  
29-30          Man: Walk forward L, walk forward R  
31&32          Step forward L, step R next to L, step forward L

## ¼ TURN PIVOT, ¼ TURN PIVOT, ¼ TURN INTO SWAY R-L-R TOUCH L

- 33-34          Step forward R, pivot ¼ left onto L (break R hands, joined L pass over man's head on counts 33-36 then over woman's head on counts 37-38)  
35-36          Step forward R, pivot ¼ left onto L  
37-40          Turn ¼ left and sway on R to right side, sway left onto L, sway right onto R, touch L next to R (return to start/Indian Position on 39-40)

For More Information or Dance Instruction, Contact:  
"Lyndy" 516-599-2639, Long Island, NY  
E-Mail: [Dantsman@aol.com](mailto:Dantsman@aol.com)

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