

Still The One

COPPER KNOB
STEPSHEETS

拍數: 16 牆數: 4 級數: Improver NC2S
編舞者: Rex Chuan (USA) - July 2019
音樂: You're Still the One - Shania Twain



Start: after 12 counts of introduction, with vocal lyrics - Tag: 0 - Restart: 1

S1: Back Rock, Recover, Together Back Rock, Recover, Two Step Turn, Cross, Rock, Recover, Cross, Two Step Turn

12& RF rock back(1), recover(2), RF together(&) and L quarter turn
34& LF rock back(3), reecover(4), R quarter turn and LF L(&)
5&6& R half turn and RF R(5), LF cross RF(&), RF rock R(6), recover(&)
78& RF rock cross LF(7), recover and R quarter turn(8), R quarter turn and RF R(&) (12:00) {note: in case of restart, do this: RF rock cross LF(7), R quarter turn and LF backward(8) facing 3:00 and restart}

S2: Cross & Sweep, Cross, Side, Back Cross & Sweep, Back Cross, Side, Forward, Swivel, Swivel, Weight Shift and Turn, Together

12& LF cross RF(1) and RF sweep forward, RF cross LF(2), LF L(&)
34& RF cross behind LF(3) and LF sweep backward, LF cross behind RF(4), RF R(&)
56 LF forward(5), R swivel half turn on both feet(6)
78& L Swivel quarter turn and weight on LF(7), weight shift on RF(8) and R half turn, LF together(&)

Restarts:-

In Wall 3, after S1, restart facing 3:00
In Wall 8, after S1, restart facing 12:00

Enjoy the dance!
