

I'm Not Alright

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Karolyna Caceres Lopez (FR) - July 2019
音樂: I'm Not Alright - Loud Luxury & Bryce Vine



#16 startup counts - No Tags no restarts

Section 1: Step Fwd R, L point L Snap, Step Fwd L, R Point R Snap, Jazz box ¼ R

1-4 Step Fwd R (1), Point L to left side & Snap (2), Step Fwd L (3) Point R To R & Snap (4)
5-8 Step R Cross in front of L STEP (5), Step Left back (6), ¼ turn at R and step from RIGHT to RIGHT (7), step LEFT in front, (8) (3h)

Section 2: Step Touch RL, diagonal Kick Ball cross , side rock ¼ L

1-4 Dip to Right while stepping LR to L side (1) Touch LF in place (2) , Dip to L while stepping LF to L (3) Touch RF in place (4)
5&6 Kick R fwd into R diagonal,(5) step R together,(&) cross L over R (6)
7-8 Rock RF to R side (7), Recover onto LF making a ¼ turn L (8) (12h)

Section 3: 3 Walks Fwd RLR, L point L, L Step back , R sweep R , R Step Behind side cross

1-4 Step fwd on R(1), Step fwd on L(2), Step fwd on R(3) point L to the Left(4)
5-6 Step Back L (5) Sweep RF front to from back(6)
7&8 Cross RF behind LF(7), Step LF to L side (&) , Cross RF over LF (8) (12h)

Section 4: L Side rock , L crossing schuffe, Side, Behind, ¼, 2 Steps Fwd RL

1-2 Rock LF to L side(1), Recover onto RF (2)
3&4 Cross L over R(3), Step R to right side(&) Cross L over R (4)
5-8 Step R to R side (5), step L behind R, turn (6) ¼ R stepping fwd onto R (7) Step fwd onto L (8) (3h)

stepsheet corrected on July 19th

Have a Fun !

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