

Everybody Dance And Sing Contra

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 1 級數: Beginner Contra
編舞者: Roger Neff (USA) - July 2019
音樂: When I'm out Tonight - Dave Sheriff



Intro: 16 counts - No Tags, No Restarts

NOTE: THIS IS A MODIFICATION OF MY 4-WALL DANCE TO A 1-WALL CONTRA FORMAT. DANCERS ALWAYS FACE THE SAME WALL TO BEGIN A NEW SEQUENCE. THE MAIN MODIFICATIONS ARE AS FOLLOWS:

In Section 2: counts 5-6-7-8 are 2 quarter turns to the left to face the dancer opposite.

In Section 4: counts 5-6-7-8 are a ½ left pivot (5-6) followed by the slap/clap motions for 7&8&

EASIER OPTIONS FOR THE LAST 4 COUNTS IN SECTION 4:

(1) The easiest option is to repeat the ¼ turn X 2 as in Section 2 (5-6-7-8).

(2) Another option is to do the ½ pivot to face your partner and stomp R, L for counts 7-8.

You can also clap after each stomp for a count of 7&8&

Obviously, everyone should agree to do the same option before starting the dance!

[1-8] POINT R TOE OUT-IN-OUT, COASTER, POINT L TOE OUT-IN-OUT, COASTER

1&2,3&4 Point R toe out-in-out, Step back on R, Close L, Step fwd on R

5&6,7&8 Point L toe out-in-out, Step back on L, Close R, Step fwd on L

[9-16] R AND L SHUFFLES FORWARD, ¼ TURNS TO L X 2 (Now facing "partner")

1&2,3&4 Shuffle fwd R,L,R, Shuffle fwd L,R,L. (You will cross lines here and can "high five" the person(s) you are passing.)

5-6-7-8 Step fwd on R, Turn ¼ to L shifting weight to LF, Step fwd on R, Turn ¼ to L shifting weight to LF.

[17-24] R CROSS SHUFFLE, STEP TOUCH STEP, L CROSS SHUFFLE, STEP TOUCH STEP

1&2 Step R over L, Step to L, Step R over L

3&4 Step to L, Touch R beside L, Step to R

5&6 Step L over R, Step to R, Step L over R

7&8 Step to R, Touch L beside R, Step to L

[25-32] R TOE-HEEL STOMP, L TOE-HEEL STOMP MOVING FWD, PIVOT ½ TO L, SLAP THIGHS, CLAP HANDS, CLAP PARTNER'S HANDS, CLAP HANDS

1&2 Touch R toe toward L instep, Scuff R heel, Stomp RF

3&4 Touch L toe toward R instep, Scuff L heel, Stomp LF (You will cross lines again here.)

5-6 Step fwd on R, Pivot ½ to L to face the person opposite you and step on LF

7&8& Slap your thighs, Clap your hands, Clap hands with the person opposite, Clap your hands

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