

# Pa' Lante

COPPER KNOB  
BY SHEETS

拍數: 32      牆數: 4      級數: Intermediate / Advanced  
編舞者: YoungSoon Song (KOR) & Garam Lee (KOR) - July 2019  
音樂: Pa' Lante -Alex Sensation, Anita, Luis Fonsi( Latin pop)



Intro: "Pa` Lante" after 32count Start

**s1. Forward mambo. Coaster Side. (Carioca Run) Cross Side Touch R1/8. Cross Side L4/1 Back Hitch.**

1&2      Rf forward rock, Lf Recover , Rf Back step.  
3&4      Lf Back step, Rf together beside. Lf Side step L1/8 (10:30).  
5&6&      Rf cross over, Lf side. Rf Cross Toe touch R1/8 . Rf Small side step.  
7&8&      Lf Cross over. Rf side L1/4T. Lf Back. Rf Hitch (10:30)

**s2. R Back. L Side1/8. Rf together beside. L1/4 side. L1/4 Samba step. Bocach tea with Hip forward, hip back.**

12&      Rf Back .(10:30), L1/8 Lf Side step(9:00), Rf Together.  
3&4      Lf L1/4 Forward step(6:00), L1/4 Rf side step(3:00) Lf forward step (Facing 3: 00)  
5&6&      Rf Forward. Lf in place. Rf Back. Lf Forward. Rf in place. Lf Back. (with samba hip roll ).  
7      Rf Beside together Both Knee Band With hip Forward.  
8      Both Knee stretching with hip back(3:00)

**s3. Whisk R. L. Samba Under-arm Turn R. Whisk L**

1&2      Rf side step, Lf foot behind right(on ball), Rf in place step  
3&4      Lf side step, Rf foot behind right(on ball), Lf in place step  
5&6      R 1/4T Rf Forward step.(6:0) R1/2T Lf Back step.(12:0) R 1/4T in place(3:00)  
7&8      Lf side step, Rf foot behind right(on ball), Lf in place step (3:00)

**s4. L1/2T syncopation Weave. Twice Forward Rock step.**

&1      L1/8T Rf side. Lf behind cross,(1:300)  
&2      L1/8T Rf side ,Lf cross (12:00)  
&3      L1/8T Rf side. Lf behind cross(10:30)  
&4      L1/8T Rf side. Lf cross(9:00)  
5&6      R1/8T Rf Diagonal Forward rock (10:30).Lf Recover. Rf Forward.  
7&8      L1/8T Lf Diagonal Forward rock (7:30).Rf Recover. Lf Forward.

No Tag. No Restart - Enjoy Dance

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