

# The Bull

拍數: 40      牆數: 2      級數: Improver  
編舞者: Heather Barton (SCO) & Hayley Wheatley (UK) - July 2019  
音樂: The Bull - Kip Moore : (Album: Slowheart)



Count in: 32 Counts (Start on vocals)

TAG: 8 Count Tag at the end of Wall 2 (Facing 12:00)

## S1: HEEL GRIND ¼ TURN, COASTER STEP, FORWARD ROCK, RECOVER, CHASSE ¼ TURN

1-2            Rock fwd on RF twisting R toe from L to R making ¼ turn R, Recover back stepping onto LF 3:00  
3&4           Step back onto RF, Close LF beside RF, Step fwd onto RF 3:00  
5-6           Rock fwd onto LF, Recover onto RF 3:00  
7&8           Step Lf to L side making ¼ turn L, Close RF beside LF, Step LF to L side 12:00

## S2: CROSS STEP, SIDE STEP, BALL, ROCK, RECOVER ¼ TURN, WALK, WALK, KICK BALL STEP

1-2            Cross RF over LF, Step LF to L side 12:00  
& 3-4          Close RF beside LF, Rock LF to L side, Recover onto RF making ¼ turn R 3:00  
5-6           Walk fwd onto LF, Walk fwd onto RF 3:00  
7&8           Kick LF fwd, Close LF beside RF, Step fwd on onto RF 3:00

## S3: STEP, SWEEP, CROSS SHUFFLE, SIDE ROCK, RECOVER, BEHIND SIDE CROSS

1-2            Step fwd onto LF, Sweep RF around front to back 3:00  
3&4           Cross RF over LF, step LF to L side, Cross RF over LF 3:00  
5-6           Rock LF to L side, Recover onto RF 3:00  
7&8           Step LF behind, Step RF to R side, Cross LF over RF 3:00

## S4: MONTEREY ½ TURN CROSS, BACK, BACK, CROSS, BACK

1-2            Touch R toe to R side, Close RF beside LF making 1/2 turn R 9:00  
3-4            Touch L toe to L side, Cross LF over RF 9:00  
5-6            Step RF back to R diagonal, Step LF back to L diagonal 9:00  
7-8            Cross RF over LF, Step back onto LF 9:00

## S5: SIDE SHUFFLE, ¼ TURN SIDE SHUFFLE, ROCKING CHAIR

1&2           Step RF to R side, Close LF beside RF, Step RF to R side 9:00  
3&4           Make ¼ turn L stepping LF to L side, Close RF beside LF, Step LF to L side 6:00  
5-6           Rock fwd onto RF, Recover onto LF 6:00  
7-8           Rock back onto RF, Recover onto LF 6:00

## Tag: DIAGONAL SHUFFLE, DIAGONAL SHUFFLE, V-STEP ( WITH HEELS) Performed after wall 2

1&2           Step RF fwd to R diagonal, Close LF beside RF, Step RF fwd to R diagonal 12:00  
3&4           shuffle LF fwd, together, fwd  
5-6           Step fwd onto R Heel, Step fwd onto L heel (Dance counts 5-6 as a normal v-step, without heels, if it is more comfortable to do so)  
7-8           Step back onto RF, Close LF beside RF

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