

# Sad Songs

拍數: 32      牆數: 4      級數: Upper Beginner  
編舞者: Diana Bishop (AUS) - July 2019  
音樂: Sad Songs by Elton John



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## WALK FWD R,L,R,L

1-4      Walk Fwd R,L,R,L

## R SHUFFLE FWD, L SHUFFLE FWD

5&6.7&8      Shuffle Fwd R,L,R, Shuffle Fwd L,R,L

## FULL TURN STEPPING BACK R, FWD L, SHUFFLE FWD

1.2.3&4      Turning ½ L, Step R Back, Turning ½ L, Step L Fwd, Shuffle Fwd On R,L,R

## STEP FWD, LEAN FWD, RECOVER ON R, L SAILOR STEP

5.6.7&8      Step L Fwd As You Step Lean Fwd With Body, Recover Back Onto R, Step L Behind R, Step R To R, Step L To L

## R SAILOR STEP, CROSS L BEHIND R, UNWIND L

1&2.3.4      Step R Behind L, Step L To L, Step R To R, Cross L Behind R, Weight In R Toes & L Toes, Unwind L Bringing Weight On To Both Heels

## DOUBLE HIPS R THEN L

5-8      Step R To R As U Start >2 Hip Bumps R, 2 Hip Bumps L

## SIDE SHUFFLE R, BACK FWD, SIDE SHUFFLE L, BACK FWD,

1&2.3.4      Side Shuffle R On R,L,R,L, Step L Back, Fwd On R

## SIDE SHUFFLE R, BACK FWD, SIDE SHUFFLE L, BACK FWD,

5&6.7.8      Side Shuffle L On L,R,L,R, Step R Back, Fwd On L

## REPEAT DANCE

Last Update - 12 July 2019

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