

One Last Time

COPPER **NOB**
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Emma Braun - July 2019
音樂: One Last Time - Ariana Grande



Intro: Start with vocals after 16 counts

POINT POINT SAILOR, POINT POINT SAILOR

- 1-2, 3&4 Point right toe forward, point right toe to right side, cross step right behind left, step left foot to left side, step right slightly to right.
5-6, 7&8 Point left toe forward, point left toe to left side, cross step left behind right, step right foot to right side, step left slightly to left.

DIAGONAL STEP TOUCH, DIAGONAL STEP TOUCH, 360 DEGREE WALKING TURN RIGHT

- 1-4 Step diagonal to right with right foot, touch left foot beside right. Step diagonal left with left foot. Touch right foot beside left.
5-8 Turn full turn right walking right, left, right, left

SAILOR RIGHT, SAILOR LEFT HIP SWAY

- 1&2, 3&4 Cross step right behind left, step left foot to left side, step right slightly to right. Cross step left behind right, step right foot to right side, step left slightly to left.
5-8 Swing (sway) hips to right, left, right and left

RIGHT FOOT ROCKING CHAIR, SHUFFLE FORWARD RIGHT, 1/2 TURN PIVOT STEP

- 1-4, 5&6 Rock right foot forward, recover back to left foot. Rock right foot back. Recover forward to left foot.
7&8 Step forward on right foot, step left next to right, step forward on right foot. Step left forward, pivot 1/2 turn to right changing weight to right. Step left foot beside right.

REPEAT DANCE

***16 count Tag after 10th wall facing 6 o'clock:**

STEP DIAGONAL, TOUCH, STEP DIAGONAL, TOUCH, RIGHT MONTEREY TURN

- 1-4 Step diagonal forward on right foot. Touch left foot beside right. Step diagonal on left foot, touch right beside left.
5-8 Touch right foot to right side. Turn 1/4 turn to right stepping right foot next to left. Touch left foot to left side. Step left beside right foot.

RIGHT FOOT JAZZ BOX, HIP BUMPS, CROSS 3/4 TURN LEFT

- 1-4 Step and cross right foot over left foot. Step slightly back on left foot. Step right slightly to right side. Step left foot next to right
5-8 Bump hips to right. Bump hips to left. Cross and touch right over left. Unwind 3/4 turn to left keeping weight ending on left foot.

OPTIONAL STEPS FOR 7-8 ABOVE:

TURN 1/4 TURN RIGHT AND STOMP RIGHT FOOT. STOMP LEFT FOOT BESIDE RIGHT

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