Forever Young

COPPER KNOE

拍數: 32

牆數:4

級數: Newcomer

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音樂: Forever Young. by John De Sohn

Step turn, step turn, shuffle forward, kick ball step.

- 1-2 RF step forward, ½ turn left,.
- 3-4 RF step forward, ½ turn left.
- 5&6 RF step forward, LF next RF, RF step forward.
- 7&8 LF kick forward, LF next RF, RF step forward.

Rock forward, rock back, full turn, step forward, sweep forward.

- 1-2 LF rock forward, RF weight transfer.
- 3-4 LF rock back, RF weight transfer.
- 5-6 1/2 turn right LF step back, 1/2 turn right RF step forward.
- 7-8 LF step forward, RF sweep from back to front.

Jazz box ¼ turn, ¼ montery turn.

- 1-2 RF cross over LF, LF step back.
- 3-4 ¼ turn right step forward, LF step forward.
- 5-6 RF touch right, RF step next LF turn ¼ right.
- 7-8 LF touch left, LF step next RF.

Walk, walk, walk, hitch 1/4 turn right, weave, touch right.

- 1-2 RF step forward, LF step forward.
- 3-4 RF step forward, LF hitch forward ¼ turn right.
- 5-6 LF cross over RF, RF step right.
- 7-8 LF cross behind RF, RF touch Right.

