

Forever Young

拍數: 32 牆數: 4 級數: Newcomer
編舞者: Roy Hoeben (NL), Marina & Friends (INA) - July 2019
音樂: Forever Young. by John De Sohn



Step turn, step turn, shuffle forward, kick ball step.

1-2 RF step forward, ½ turn left,
3-4 RF step forward, ½ turn left.
5&6 RF step forward, LF next RF, RF step forward.
7&8 LF kick forward, LF next RF, RF step forward.

Rock forward, rock back, full turn, step forward, sweep forward.

1-2 LF rock forward, RF weight transfer.
3-4 LF rock back, RF weight transfer.
5-6 ½ turn right LF step back, ½ turn right RF step forward.
7-8 LF step forward, RF sweep from back to front.

Jazz box ¼ turn, ¼ monterey turn.

1-2 RF cross over LF, LF step back.
3-4 ¼ turn right step forward, LF step forward.
5-6 RF touch right, RF step next LF turn ¼ right.
7-8 LF touch left, LF step next RF.

Walk, walk, walk, hitch ¼ turn right, weave, touch right.

1-2 RF step forward, LF step forward.
3-4 RF step forward, LF hitch forward ¼ turn right.
5-6 LF cross over RF, RF step right.
7-8 LF cross behind RF, RF touch Right.
