You Get Me High



拍數: 32 牆數: 4 級數: Intermediate

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音樂: Your Love Is the Drug - The Road Hammers



Sect 1: SKATE, SKATE, SKATE, OUT, IN, CROSS, SIDE STEP, SLIDE, KICK BALL CROSS

1 – 2	Slide R foot forward and slightly to side in small curve – Slide L foot forward and slightly to

side in small curve

3 & 4 & Slide R foot forward and slightly to side in small curve – Step to side L – Step R back to

center - Cross L in front of R

5 – 6 Big side step R – Slide L foot next to R

7 & 8 Kick L slightly diagonal forward – Step on ball of L foot – Cross R in front of L

Sect 2: SIDE STEP, SLIDE TOGETHER, SIDE STEP, 1/4 TURN TOGETHER, STEP FORWARD, SIDE STEP, SLIDE TOGETHER, SIDE STEP, TOGETHER, STEP FORWARD

1 – 2 Big side step L – Slide R next to L and but weight on R

3 & 4 Step to side $L - \frac{1}{4}$ Turn right step R next to L - Step L forward

Restart in 7th wall

5 - 6 Big side step R - Slide L next to L and but weight on L
7 & 8 Step to side R - Step L next to R - Step forward R

Sect 3: STOMP, HEEL BOUNCE, STOMP, HEEL BOUNCE, CROSS, SIDE ROCK, CROSS, SIDE ROCK

1 & 2	Stomp L forward – raise L heel up – Drop L heel and put weight on L
3 & 4	Stomp R forward – raise R heel up – Drop R heel, weight stays on L

5 & 6
 Cross R in front of L – Side rock L – Recover R
 7 & 8
 Cross L in front of R – Side rock R – Recover L

Sect 4: ½ STEP TURN, MAMBO STEP, POINT, STEP BACK, POINT, STEP BACK, COASTER STEP

$1-2$ Step forward R – $\frac{1}{2}$ Turn left and put weight	on L
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3 & 4 Rock forward R – Recover L – Step back R

& 5 & 6 Point L to side – Step Back L – Point R to side – Step back R

7 & 8 Step back L – Step R next to L – Step forward L

Enjoy the dance!