

Hold Me While You Wait

COPPER KNOB
STEPPERS

拍數: 72 牆數: 2 級數: Phrased High Intermediate
編舞者: Travis Taylor (AUS) - July 2019
音樂: Hold Me While You Wait - Lewis Capaldi



SEQUENCE: AABBC TAG ABCC BB CCC

Intro: 8 Counts

PART A: 24 counts

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|---------|--|
| 1-2&3-4 | Step R to R side, Step L behind R, Step R to R side, Cross L over R, Step R to R side |
| 5-6 7-8 | Rock L back towards 10:30, Hold, Replace weight on R, 1/2 R Stepping L back (4:30) |
| 1-2 3-4 | 1/2 R Stepping R fwd, Hold (10:30) Run fwd L, R (10:30) |
| 5-6 7-8 | Rock L fwd, Hold, Step/Replace weight on R, Step L back |
| 1-2 3-4 | Rock R back, Hold, Replace weight on L, 1/2 L Stepping R back (4:30) |
| 5-6 7&8 | Rock L back, Replace weight on R, 1/8 R Rock L to L side, Replace weight on R, Cross L over R (6:00) |

PART B: 16 counts

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|---------|--|
| 1-2-3-4 | Rock R to R side, Replace weight on L, Cross R over L, 1/4 R Stepping L back |
| 5-6-7-8 | 1/2 R Stepping R fwd, Step L fwd, 1/2 R Pivot weight on R, 1/4 R Stepping L to L side (6:00) |
| 1-2 3-4 | Step R behind L dragging L towards L, Hold, Rock L to L side, Replace weight on R |
| 5-6 7&8 | Step L behind R, Step R to R side, Cross Shuffle L over R stepping L, R, L |

PART C: 32 counts

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|---------|--|
| 1-2 3-4 | Step R to R side dragging L, Hold Step L slightly together & behind R, Replace weight on R |
| 5-6-7-8 | 1/4 R Stepping L back, 1/2 R Stepping R fwd, Step L fwd, Step R together |
| 1-2 3-4 | Step L back dragging R, Hold Rock R back, Replace weight on L |
| 5-6-7-8 | Step R fwd, 1/4 L Pivot weight on L, Cross R over L, Step L to L side |

My Love, My Love, My Love, My Love part

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|---------|--|
| 1-2-3-4 | Step R behind L, Rock L on L ball to L side, Replace weight on R, Step L behind R |
| 5-6-7-8 | Rock R on R ball to R side, Replace weight on L, Step R behind L, Step L to L side |

Note: Travel these 8 counts slightly back

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|---------|--|
| 1-2 3-4 | Cross R over L, Hold Rock L to L side, Replace weight on R |
| 5-6 7-8 | Cross L over R, Hold 1/4 L Stepping R back, 1/2 L Stepping L fwd |
| 1 | 1/4 L Stepping R to R side as each sequence starts off with stepping R to the side |

(treat counts 7-8 more like a full turn over L shoulder)

Tag: There is a 4 Count tag (check the sequence above)

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|---------|--|
| 1-2-3-4 | Step R to R side swaying hips R, Hold, Replace weight on L dragging R towards L for Counts 3-4 |
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This dance isn't as hard as it looks, once you are familiar with song, you will find its easier to marry the sequence up with the music. I like to think of Part C is the Nightclub part and the 'my love, my love, my love'. Part B is the 'turn around part. Part A is the piano ding part where I focused on the musicality of the piano chords.

