

Trust In You

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - July 2019
音樂: Trust In You - Lauren Daigle



Start on the word 'letting' approx. 6 secs in – 3mins 32secs – 88bpm
Music Available: Amazon

[1-9] R fwd, L mambo with R sweep back, R back with L sweep back, L back with R sweep back, R behind/side/cross, ½ L box fwd

1-2& Step R forward, rock L forward, recover weight on R,

3-5 Step L back sweeping R front to back, step R back sweeping L front to back, step L back sweeping R front to back

***RESTART 1: During wall 4 which starts facing LEFT wall, dance first 5 counts and then add following before beginning the dance again facing FRONT WALL:**

*6&7 Turning ¼ right step R back, step L together, step R forward (¼ R toaster step)

*8 Step L forward

6&7 Cross step R behind L, step L side, cross step R over L

8&1 Step L side, step R together, step L forward

[10-17] ½ R box back, ½ L shuffle, R box step

2&3 Step R side, step L together, step R back

4&5 ¼ left step side L, step R together, ¼ L step L forward (6 o'clock)

6&7 Step R side, step L together, step R back

RESTART 2: During wall 7 which starts facing BACK WALL, dance first 15 counts and then add the following before beginning the dance again facing FRONT WALL – Step L together

8&1 Step L side, step R together, step L forward

[18-25] R cross rock/recover, ¼ R step R fwd, ½ R chase turn stepping L/R/L (extended 5th), L full turning triple fwd (R foot lead), L fwd, ½ R pivot turn

2&3 R cross rock, recover weight on L, turning ¼ right R forward (9 o'clock)

4&5 Step L forward, pivot ½ right, step L forward (extended 5th) (3 o'clock)

6&7 Turning ½ left step R back, turning ½ left step L forward, step R forward (3 o'clock)

Non-turning option: R shuffle forward

8-1 Step L forward, pivot ½ right (9 o'clock)

[26-32&] R full turning triple fwd (L foot lead), R fwd, L fwd, ¼ R pivot turn, L cross step, ¾ L turn

2&3 Turning ½ right step L back, turning ½ right R forward, step L forward

Non-turning option: L shuffle forward

4-7 Step R forward, step L forward, pivot ¼ right, cross step L over R (12 o'clock)

8& Turning ¼ left step R back, turning ½ left step L forward (3 o'clock)

Less turny option: turning ¼ right step R forward, step L forward

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