

Captain Morgan

拍數: 32 牆數: 2 級數: Improver
編舞者: Nicola J Bowen (UK) - July 2019
音樂: Don't Wanna Go Home. - Gary Leonard



Music available - <https://garyleonard.co.uk/music>
#16 count introduction.

Right toe, heel, stomp. Left toe, heel stomp. Right side together, back. Coaster step.

- 1&2 Tap Right toe, tap right heel, stomp Right foot forward.
- 3&4 Tap Left toe, tap left heel, stomp Left foot forward.
- 5&6 Step Right foot to right side, step Left foot alongside right, step back on right foot.
- 7&8 Step back on Left foot, step Right beside left, step forward on Left foot.

Quarter Monterey, quarter Monterey, step lock, step brush, step lock, step brush.

- 1&2& Point Right toe to right side, replace Right beside Left, turning Quarter Right. (weight on Right) Point Left toe to left side. Replace Left next to Right. (3 o'clock)
- 3&4& Point Right toe to right side, replace Right beside Left, turning Quarter Right. (weight on Right) Point Left toe to left side. Replace Left next to Right. (6 o'clock)
- 5&6 Step Right foot forward, lock Left foot behind Right ankle, step forward Right foot, (optional brush Left)
- 7&8 Step Left foot forward, lock Left foot behind Right ankle, step forward Left foot, (optional brush right)

Step kick, step kick, step back, back, back, hitch.

- 1-2 Step forward on Right foot, kick Left foot forward.
- 3-4 Step forward on Left foot, kick Right foot forward.
- 5-6 Step back Right, Left
- 7-8 Step back Right, hitch Left foot.

Left coaster step, Right rock, recover cross, left rock, recover cross. Mambo step.

- 1&2 Step back on Left foot, step Right foot next to Left. Step forward on Left foot.
- 3&4 Rock right on Right foot, recover onto Left foot, cross Right foot over Left foot.
- 5&6 Rock left on Left foot, recover onto Right foot, cross Left foot over Right foot.
- 7&8 Rock forward on Right foot, recover weight onto Left foot, step Right next to Left foot.

Begin again.
