No More Politics

拍數: 32

級數: Improver

編舞者: Noah Sierra (USA) - July 2019

音樂: Shut up About Politics (feat. The Five) - John Rich

牆數:4

Intro counts: 16 counts

CROSSING MAMBO R, CROSSING TRIPLE L, SCISSOR STEP X2.

- 1&2 Cross/rock RF over LF, recover on LF, step RF on LF.
- 3&4 Slightly cross LF over RF, slightly step RF to R side, slightly cross LF over RF.
- 5&6 Push/rock RF to R side, recover on LF, cross RF over LF.
- 7&8 Push/rock LF to L side, recover on RF, cross LF over RF.

TRIPLE FORWARD, MAMBO FORWARD, TRIPLE BACK, MAMBO BACK.

- 1&2 Shuffle R forward.
- 3&4 Rock LF forward, recover on RF, step LF back.
- 5&6 Shuffle R back.
- 7&8 Rock LF back, recover on RF, step RF back.

K STEP*

- 1-2 Step RF diagonal forward, touch LF on RF.
- 3-4 Step LF diagonal back, touch RF on LF.
- 5-6 Step RF diagonal back, touch LF on RF.
- 7-8 Step LF diagonal forward, touch RF on LF.

PIVOT ¼, CROSS, STEP, SAILOR R, SAILOR L.

- 1-2 Step RF forward, pivot ¼ L.
- 3-4 Cross RF over LF, step LF to L side.
- 5&6 Step RF behind LF, step LF in place, step RF on LF.
- 7&8 Step LF behind RF, step RF in place, step LF on RF.

RESTART: Wall 4, after first 16 counts.

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format and include all contact details on this script. Also, if you would like a FREE .MP3 (audio) copy of the song, please email me and let me know.

Email: noahsierragae@gmail.com Website: dancewithnoah.website2.me



