

Discuciones (Discussions)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Improver
編舞者: Val Saari (CAN) - July 2019
音樂: Discuciones - El Pocho & DJ Unic



RF BRUSH-BALL POINT L, STEP, POINT R, STEP-SLIDE FWD, STEP-BODY ROLL

1&2 Brush RF Forward, Step RF next to Left, Point Left Toe to Left Side, hold
3-4 Step LF beside R, Point Right Toe to Right Side
5-6 Step RF forward, Slide LF to R instep (transfer weight to LF & lift RF heel)
7-8 Step RF Diagonally forward (1:30), Body roll (transfer weight to LF)

MAMBO R, (CHA-CHA CHA), MAMBO L, STEP-PIVOT 1/2 LEFT

1-2 RF Rock side right, LF recover
3&4 Step RF beside Left, Step LF in place, Step RF in place (cha, cha, cha)
5&6 Rock LF to left side, Recover RF, Step LF beside R,
7-8& Step RF forward, Pivot 1/2 turn left (weight on left), (Optional Flick &)

RF SHUFFLE FWD, PIVOT 1/2 R, LF SHUFFLE FWD, PIVOT 1/4 L

1&2 Step RF forward, Step LF beside R, Step RF forward
3-4 Step LF forward, Pivot 1/2 R
5&6 Step LF forward, Step RF beside L, Step LF Forward
7-8 Step RF forward, Pivot 1/4 L

SYNCOATED OUT-OUT-IN-IN, V-STEP

&1-2 Step RF right (&), Step LF left (1), clap
&3-4 Step RF left (&), Step LF together (4), clap
5-6 Step RF diagonally forward (1:00), Step LF diagonally forward (11:00)
7-8 Step RF back to centre, Step LF together

REPEAT - No Tags, No Restarts

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