Ann's Dance



拍數: 32 牆數: 4 級數: High Beginner

編舞者: Cheryl Levin (USA) - July 2019

音樂: Put a Woman in Charge (feat. Rosanne Cash) - Keb' Mo': (amazon)



HUSTLE FORWARD, R STEP BEHIND, L STEP BEHIND, R BACK COASTER

1-4 R step forward, L step forward, R step forward, L kick

5-8 L step back, R step back, coaster step (L step back, R step together, L step forward)

FUNKY VINE TO R, FUNKY VINE TO L (or regular vines R and L)

1-4 R step to R side, L step behind R foot, R step with L heel touch to side, L step, R step 5-8 L step to L side, R step behind L foot, L step with R heel touch to side, R step, L step

R SHUFFLE FORWARD, L SHUFFLE FORWARD, 2 1/4 PADDLE TURNS TO THE L

1-4 Shuffle forward (step R, L, R), shuffle forward (step L, R, L)

5-8 2 Paddle turns to the L (R step forward, ¼ turn left, R step, ¼ turn left

R SHUFFLE FORWARD, STEP, HOLD, JAZZ SQUARE 1/4 TO R

1-4 Shuffle forward (step R, L, R), L step forward, hold

5-8 Jazz square (cross R over L, L step back, R step outward turning ¼, L step

SEQUENCE IS REPEATED ON NEXT WALL (4 WALL DANCE)

Last Update - 31 July 2019