

Take it Back

COPPER KNOB
BY STEPHEN METZ

拍數: 48 牆數: 4 級數: Beginner
編舞者: Laura Rittenhouse (AUS) - July 2019
音樂: Take It Back - Reba McEntire



Start with "talked me into" at 10 seconds

VINE RIGHT & LEFT

1,2,3,4 Step R to R, Cross L behind R, Step R to R, Touch L beside R
5,6,7,8 Step L to L, Cross R behind L, Step L to L, Touch R beside L

TOE POINT, SAILOR STEP RIGHT & LEFT

1,2,3,4 Point R toe to R, Cross R behind L, Step L to L, Step R in place
5,6,7,8 Point L toe to L, Cross L behind R, Step R to R, Step L in place

LOCK FORWARD

1,2,3,4 Step R forward, Lock L behind R, Step R forward, Swing L forward
5,6,7,8 Step L forward, Lock R behind L, Step L forward, Touch R beside L

ZIGZAG BACK

1,2,3,4 Step back with R at 45° angle to R, Touch L beside R, Step back with L at 45° angle to L,
Touch R beside L
5,6,7,8 Step back with R at 45° angle to R, Touch L beside R, Step back with L at 45° angle to L,
Touch R beside L

SHUFFLE RIGHT & LEFT

1&2,3,4 Step R to R, Step L beside R, Step R to side, Rock L back behind R, Recover on R
5&6,7,8 Step L to L, Step R beside L, Step L to side, Rock R back behind L, Recover on L

¾ TURN LEFT WITH SIDE STEPS

1,2,3,4 Turning ¼ L step R to R side (9:00), Touch L beside R, Turning 1/4 step L to L (6:00), Step R
beside R
5,6,7,8 Turning ¼ L step R to R side (3:00), Touch L beside R, Step L to L (3:00), Step R beside R

Last Update – 12 July 2019