

You Needed Me

拍數: 36 牆數: 4 級數: Intermediate
編舞者: Marchy Susilani (HK) - June 2019
音樂: You Needed Me by Ronan Keating



Start : On Vocal

Sec 1 : Long side, behind rock side, behind, forward ¼ L, forward, full turn R mambo

1-2& Side long to right on R, cross rock L behind R, recover on R
3-4& Slide L to left side, step R behind L, step forward L, ¼ left (9:00)
5-6& Step forward on R, step back L ½ right, step forward R ½ right (9:00)
7-8& Step forward on L, step forward rock on R, recover on L

Sec 2 : Back lock shuffle, coaster step, forward pivot ¼ R, cross, chasse

1-2& Step back on R, sweep L to back, cross R over L
3-4& Step back on L, step back on R, step L next to R
5-6& Step forward on R, step forward on L, pivot ¼ right (12:00)
7-8& Cross L over R, step R to right side, step L next to R

Sec 3 : Cross rock, side, cross rock, ¼ right, full turn right, forward shuffle

1-2& Step R to right side, cross rock L over R, recover on R
3-4& Step L to left side, cross rock R over L, recover on L
5-6& Step forward R ¼ right (3:00), step back L ½ right, step forward R ½ right
7-8& Step forward on L, step forward on R, step L next to R

Sec 4 : Forward mambo, side rock cross R, L, chasse ¼ right

1-2& Step forward on R, rock forward on L, recover on R
3-4& Step back on L, side rock on R, recover on L
5-6& Cross R over L, side rock on L, recover on R
7-8& Cross L over R, step R to right side, step L next to R

Sec 5 : Forward mambo, back rock

1-2& Step forward on R ¼ right (6:00), step forward rock on L, recover on R
3-4& Step back on L, step back rock on R, recover on L

Tag : End W2, add 4C, sway

1-4 Sway R, L, R, L

Have fun.
